DON'T LET YOUR eBike BRING YOU TO THE ER

CRASHES HIT HARDER

E-bikes aren't just "regular bikes with a boost." Their speed and weight make crashes far more serious — especially for young riders.

Here are **5 things every parent should know:**

1 Age Matters

Oregon law requires riders to be 14 years old to ride a Class 1 E-bike, and 16 years old to operate any other form of electric bike. **If your child is under 14, they should not be using these devices.**

*Age changes effective January 1, 2027

2 Speed Changes Everything

E-bikes can reach speeds that make crashes far more serious than a typical bicycle fall. What once were scrapes and bruises are now broken bones, concussions, or traumatic brain injuries.

3 A Helmet is Non-Negotiable

Faster speeds mean harder impacts. **A properly fitted helmet is essential – every ride, every time.**

4 Different Bikes, Different Rules

Each E-Bike classification has different rules for use. E-bike riders must know and follow all rules and regulations for their classification.

5 Supervision and Boundaries Matter

Set clear rules. Know the device your teenager is riding. Know where they are going. Know how fast their bike can go.

E-Bikes are not the same as bicycles. Before handing over the keys — or throttle — talk to your teen about safe use and responsible riding.

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