



Cedar Mill News

Volume 8, Issue 5

May 2010

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Featured Business

Village Gallery of Arts

by Virginia Bruce

The Village Gallery of Arts, a Cedar Mill institution since 1963, is holding their first Art Challenge at the gallery this month. 75 artists have created four pieces each on a theme of their choice, on provided 6x6-inch canvases during the 30-day period from April 1-30. Public-



ity Chair Judy Vatne says, "This is the first non-juried Art Challenge fundraiser for us, and the response has been tremendous. All 300 canvases are currently hanging in the gallery." The opening reception for artists and community will be on Friday, May 7th from 7-9pm. The Show & Sale will continue through June 4. Be sure to stop in and see it and consider purchasing one or a set of works. Art makes a great gift for moms, dads, grads or even yourself!

In 1963, during an oil-painting class offered through Adult Education at Sunset High School, a group of students and their instructor, Gary Mueller, decided that the Tualatin Valley amateur artist community needed a meeting place to exchange ideas and display their work. Penni Ginn, who had recently moved to the area from San Francisco, and Irene Phoenix were two of the dozen or so artists who formed the initial

group. They eventually negotiated a deal with the principal of Sunset Valley Elementary (where Home Depot now stands) for use of the school cafeteria. Their objective was to form a cooperative, non-profit organization, find a building and gather membership. They came up with the name Village

Gallery of Arts.

Early in 1964, Odus Bales, owner of the Thriftway store, found out about the group and offered them space in the North Mall of the Milltowner Shopping Center, free until



Morning Serenade, a watercolor by Phyllis Meyer, who credits much of her success to the training and encouragement she got at VGA

they made enough to pay monthly rent. By April they had 48 members and had cleaned and painted the space and held a Grand Opening.

By the end of that year they had over 100 members, and offered classes by many professional Northwest artists. Members began to

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Next Meeting

Cedar Mill Business Association

Tuesday, May 11, 11:45 lunch & networking, program at noon
Place: Leedy Grange Hall, 835 NW Saltzman

Topic: Why backup your data?

We will explain the latest technology for backup solutions.

Presented by: Greg Beary of Evault Northwest
and Terrill Jarvis of Electronics Unlimited

FREE pizza, bring your own beverage

CMBA's meetings are free and open to anyone interested in
business in Cedar Mill

TriMet expands service in Cedar Mill

by Susan Rosenthal

TriMet Bus Line #50 has been operating for a little more than six months, and has developed a steady and dependable ridership. The route connects the Sunset Transit Center (STC) to West Haven and other Cedar Mill neighborhoods.

According to TriMet, during the winter of 2009-10 there was an average of 110 rides per day. Rides per vehicle hour averaged 8.9. This is the number of riders on a bus on any given day divided by the number of hours that a bus is out of the garage, including breaks and travel to and from the starting point (the Merlo Garage in Aloha). TriMet tries to achieve 15 rides/vehicle hour system-wide. Line 50 is clearly a long way from that goal but it is a significant improvement over the ridership on the old #60 and Cedar Mill Shuttle Routes.

TriMet has calculated that the cost of individual ride is \$11.85. Once again this is significantly higher than the system-wide goal, which is between \$3 and \$4 per ride, but the #60 Leahy Rd cost around \$9 per ride but the Cedar Mill Shuttle was approximately \$25 per ride.

TriMet also measures a bus' "on-time" performance by marking when the bus arrives at certain time points along the route. The performance for the 50 stands at 94%. This means that the bus has arrived at these points

between one minute early and five minutes late 94% of the time.

Park & Ride

For a long time, the Cedar Mill community has been asking for a park and ride lot in Cedar Mill. The Sunset Transit Center fills up very early in the morning on weekdays, and many people do not otherwise have access to public transit. TriMet and the Cedar Mill Bible Church (CMBC) held discussions recently and on April 9, TriMet announced the opening of a shared Park & Ride facility in the Cedar Mill Bible



Church parking lot. Young Park, TriMet Capital Projects, said, "TriMet is appreciative of CMBC's commitment to join the shared use Park and Ride network. Special gratitude goes out to Pastor Dan Larsen and Ted Bernick of CMBC."

16 free parking spaces are available Monday-Friday in the West Lot. Your stay may not exceed 24 hours. Lines 50 (STC) and 89 (Tanasbourne) serve the lot.

Maps and schedules for TriMet service in Cedar Mill are available on their website, trimet.org

Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at vrb@teamweb.com

Sunset CU offers QuickBooks help

Need help with QuickBooks? Sunset staff member Denise McBride is a wizard when it comes to QuickBooks. If you or someone you know needs some assistance with this business accounting software, contact her at denise@sspcfuc.com. CU members only please, but it's just another reason to switch your banking to your **very local** CU!

Radio Disney at Bales

Radio Disney will be at Bales Thriftway on Saturday, May 15th, from 10:00 - 11:30am. USA Pears and Radio Disney will be rockin' to the latest hits, handing out tasty samples, dancing, playing games, and giving out sweet prizes! Even the USA Pears mascot will be there! Be there to join in on all the fun! Weather permitting it will be out in front of the store, if not it will be indoors.

Virtue of the Month: Compassion

"If you want others to be happy, practice compassion. If you want to be happy, practice compassion." The Dalai Lama

The Virtues Cards are still available in French, Spanish and English. Look for the Virtues decorative Tree at the Cedar Mill

and Bethany Saturday Markets this Spring and Summer! Find out more at virtuesconnectionportland.com

Expanded International Market and Coffee Shop/Deli now open

Pars Market, with their wonderful variety of international foods, cooking and serving equipment and much more, has moved to the front of the building at 12923 NW Cornell and opened their coffee



shop and deli. Come in and enjoy a cup of Caffè Umbria espresso, one of their specialty teas or some juice and a sandwich or pastry from their selection. And browse the aisles of exotic and familiar foods including the bulk grain and bean section, frozen specialty meats, and fresh vegetables for your Mediterranean meals. Be sure to try the Mango Pickles – they're amazing!

New Account Manager at Impact Sign

Allegra Gordon has joined the terrific staff at Impact Sign Company as an Account Manager. She'll be working with customers from start-to-finish on their projects: taking the initial order, working with them to determine needs and solve problems, and following up to make sure that projects are done right.

Allegra graduated from Oregon State University in 2008 with a BA

in French and a BA in Anthropology. She grew up in nearby Waterhouse—where her parents still reside—and graduated from Westview High School in 2004.

She spent a year studying abroad in Lyon, France where she reveled in the culture and daily life of the French, including frequenting the daily markets. While she was in France, she seized every opportunity to visit the surrounding countries including Italy, Greece, Spain, and the Czech Republic, to name a few.

Since graduation she has been breaking into corporate America! Be sure to say hi the next time you stop in at Impact Sign Co., located next to Goodwill near the corner of NW Bethany and Cornell, or call them at 503-439-8347.

Burnt Ends at Rose Festival!

Burnt Ends BBQ will hit the competition trail for the first time this season at the NW BBQ Championship, a KCBS event in Bellevue, WA. May 22-23.

Our first local competition will be at the Pacific Northwest BBQ Championship at the Rose Festival, June 4-6. The competition will take place in Waterfront Park in downtown Portland.

Burnt Ends also has been named as a BBQ vendor for this year's Rose Festival event and will be onsite, serving BBQ to the public from Wednesday June 2 through Sunday June 6 from 11 am to 11 pm each day. Watch our blog for additional information as it becomes available: burntendsbbq.blogspot.com

Older Americans and Moving

May is both "National Moving Month" and "Older Americans Month". It is a month to recognize America's mobile roots as well as to acknowledge our older citizens and their contribution to our community. NW Organizing Solutions appreciates the senior population and their needs as they go through the stressful process of downsizing a household or moving. Family and friends often

want to help but there may be barriers that prevent them from doing so and the seniors are left to handle it alone.

NW Organizing Solutions comes along to help them through the various steps of this physical and emotional process. To honor our seniors and their contributions to our community, NW Organizing Solutions is offering 20% off all services provided in May. For more information contact Beth at 503-709-0791, beth@nworganizingsolutions.com, or on the web at www.nworganizingsolutions.com

US Bank promotes Watson

Sarah Watson has been promoted to Personal Banker at the Cedar Mill Branch of US Bank. Sarah has been a member of the Cedar Mill Branch team for the past three years, most-recently in the position of Teller Coordinator. Please join US Bank in congratulating Sarah on her promotion and feel free to stop by the branch or call her at (503)643-9795 for your personal banking or borrowing needs.

Rock climbing at SAC

As summer draws near and the weather warms up, the rock climbing staff at Sunset Athletic Club gets excited for all of the fun that comes with summer. Indoor rock climbing can be a great way for people of all ages to challenge themselves both physically and mentally, and the summer climbing programs at Sunset Athletic Club offer especially positive experiences for kids.

Kids who climb build strength and endurance, as would be expected from ascending a 40-foot climbing wall while hanging on a rope, but they also build something more unexpected, a sense of accomplishment. There seems to be a correlation between using synthetic rocks for handholds, working to the top of the climbing wall, ringing the bell and increased confidence.

This summer, the rock-climbing wall at Sunset Athletic Club will host climbing camps for ten weeks, beginning June 21st and continuing through August 27th. Camps will be held each week on Mondays, Wednesdays and Fridays from 10:30 am-1:30 pm. Space is limited to ten climbers per camp and member

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CMBA News

by Virginia Bruce

The Cedar Mill Business Association has been busy behind the scenes with several projects that are now reaching completion.

New CMBA logo design

We held a logo contest and are pleased to announce that we now have a great new logo. The winning entry was from Andy Lunday, whose girlfriend lives in Cedar Mill—her parents get the News, and that's how he heard about the contest. He's 27, and is currently working in data entry but is looking for a job in graphic design. He's also an illustrator and recently self-published a coloring book. His prize is a \$50 gift certificate from Safeway and \$25 each from US Bank and the Sunset Credit Union.

The second place winner, Lora Szaraniec, came up with the saw blade element and graciously allowed us to incorporate that into one of Andy's designs, so the final logo is a collaborative effort. Lora will receive a \$25 gift certificate from Bales Thriftway. Thanks to the contributing sponsors and to all the artists who submitted designs.

Flowers & Banners

By the time you read the News, you'll be enjoying the flower baskets on Cornell. Inspiration and the

funds to purchase the flower baskets were provided by Chuck Richards, Sunset Athletic Club. They were planted for us by Cornell Farms, and installed and will be maintained by Bales|Findley Property Management. Essential assistance for the irrigation system was provided by Hal Beighley, Landscape Architect with Beighley & Associates. The CMBA provided additional funds to repair and upgrade the irrigation and banner hardware.

The new logo will go on banners that will be created by Impact Sign Company. They should be installed in a week or two. These new items will really help identify and beautify our downtown area.

Cornell cleanup

On Saturday, May 15, from 9 am-noon, we'll be out doing the weeding, pruning and other cleanup chores needed to keep our landscaped areas nice. We expect



The county has installed these Adopt-a-Landscape signs recognizing the CMBA for our work in maintaining the landscaping in our downtown area

provided although you're welcome to bring your own. Washington County will provide traffic control so that we can work safely in the median areas.

We'll meet up at the "overlook" area just west of A Cut Above. This is a rain-or-shine event so dress for the weather. Ages 12 and over, please. For more information, contact me at vrb@teamweb.com or 503-803-1813.



to be joined by some Key Club volunteers from Sunset High School, along with volunteers from Dinihanians and Sunset Presbyterian, as well as CMBA members and community volunteers.

Please consider joining us—many hands make light work! Tools and gloves will be

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It will be at least another year before this property at the southeast corner of Murray and Cornell will be offered for sale by the county. The previous owner is responsible for environmental remediation, mainly from the dry cleaners that occupied the building for many years. There will also be some final survey work to determine the exact dimensions of the lot. The county is currently using the space as a storage and staging area for some of the Saltzman Road construction work.

Farmers' Market opens May 8

by Susan Judge

The twelfth annual Cedar Mill Farmers' Market opens on Saturday, May 8. The market, conveniently located in the parking lot of the Sunset Mall on NW Cornell Road just west of Murray (across from Sunset High School & Park), is sponsored by the Tualatin Hills Parks and Recreation District (THPRD) and managed again this year by Dina Gross.

"We're opening in early May so everyone can shop before Mother's Day," explained Dina. "In addition to beautiful, fresh floral bouquets from Vanessa's Farm, we'll have mixed color baskets, planters, and bedding plants from S & K Nursery." Locally grown produce will make its seasonal debut as soon as the weather allows. Expect to see early asparagus from Jason of Red Earth Farms in May, and Green Acres Farm of Canby will start the season with radishes, greens, and over-wintered produce

including potatoes, carrots, and onions. They'll be bringing more early spring vegetables and salad greens as soon as they can coax them from the ground. As the season progresses and more crops are ready for picking, they'll be joined by other Oregon produce growers like Martinez Family Farms, Galin-Flory Farm, Efimoff Organic



Berries, Baird Family Orchards, Farm 47, Duyck's Peachy Pig Farm, and Townsend Farms.

Filling out the market in May and throughout

the season are a wide variety of vendors selling their handmade creations. "We have an amazing diversity of talented artisans in our community," said Dina.

And we'll have plenty of prepared foods from local vendors too: cheesecake and fresh marionberry cinnamon rolls from Sauvie Island Sweet and Savory Food Co., fresh locally-roasted fair-trade

organic coffee from St. Johns Coffee Roasters, French pastries from La Provence Bakery in Lake Grove, and fresh baked goods from Great Harvest Bread. The market is also excited to welcome a new Portland vendor, Barefoot Chicken, who will be selling fresh chicken or tofu sandwiches as well as lunch plates including salad and bread, and a la carte items, too. In addition to their signature chicken dishes and vegetarian selections, they'll provide hot ginger tea and cold honey lemon tea. Barefoot Chicken uses artisan breads from local Portland bakeries, local organic vegetables whenever possible, locally produced tofu, and Oregon chicken. Note also that the CUMC Café will be back with us later in the summer with their delicious grilled lunches, and we'll also be treated to some ethnic Russian brunch food made by an aunt of organic-berry-man, Ken Efimoff.

SNAP accepted

This year, for the first time, Cedar Mill Farmers' Market will accept the Oregon Trail card (from the Supplemental Nutrition Assistance or SNAP program) to purchase tokens for eligible food items. Oregon Trail

use at the market is possible thanks to the support of New Seasons Market, THPRD, and a new volunteer who will be dedicated to Oregon Trail EBT assistance. Added to the Farm-Direct Nutrition Program (Senior and WIC) coupons already accepted for the past several years, the market is really reaching out to provide good nutrition to many locals who appreciate but might not otherwise have easy access to the freshest produce around.

The Cedar Mill Farmers' Market is family-friendly and has a special "Kids' Place" booth staffed by volunteers who offer young visitors free balloons and face painting. Dogs that are leashed and well-behaved are welcome, too. And to add to the festive atmosphere, each Saturday the market features entertainment by a different local musician. On May 8, local favorite Greg Clarke plays folk tunes on fiddle, banjo, guitar, and mandolin.

For more details and information, visit the market's website www.cmfmkt.org, or contact market manager Dina Gross at cmf-market@gmail.com or at 503-913-7733. Keep up with the Cedar Mill Farmers' Market on Facebook, too!

Garden Club Plant Sale

The Cedar Mill Garden Club will hold their 7th Annual Plant Sale on Friday and Saturday, May 7th and 8th at the historic John Quincy Adams Young House on and Cornell Road east of the Cedar Mill Bible Church. Parking is available in the lower East parking lot of the church. Hours are from 9 am to 5 pm. both days.

The club has over 1000 one-gallon pots of well-rooted perennials, herbs, and native plants for sale this year, as well as several large clumps of vine maples and shrubs.

Proceeds from the sale go to local botanical gardens, Penny Pines Reforestation, the Oregon Garden, The John Quincy Adams Young House Foundation (for landscaping), and a scholarship for a student studying horticulture or related fields.

For more information about The Cedar Mill Garden Club contact President Barb Cushman, 503-649-7741, Plant Sale co-chair Paulette Busch, buschpea@msn.com or check out our website—the cedar-millgardenclub.org

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New Member Spotlight

Gretchen Eyth, Certified Yoga Teacher

Gretchen took her first yoga class when she was 13 years old, but then not again until she was in college. "It seemed to keep tapping me on the shoulder over the next few years. It was not until I took my first Vinyasa yoga class after the birth of my second son that I became a dedicated student. I was able to get a fabulous work-out, feel like I just had a massage, and take a much needed mental break from parenting my two toddlers. I was hooked!" she said. She began her teacher training in 2006 and received her Registered Yoga Teacher (RYT) certificate through Tranquil Space Yoga in Washington DC. She's working towards her advanced training in Power Vinyasa through Yoga Pearl in Portland.

She says that her long-term plan for teaching in the area is to stay local! "As far as I can tell the only yoga north of 26 is at Bethany Athletic Club and Sunset Athletic Club. I would love to make yoga available to all the people in our community and to build on that over the next few years. I hope to add other class options as well, like: Power Yoga, Restorative Yoga, Prenatal Yoga, Teen and Kids Yoga," she continued.

She teaches an all-levels class where she offers modifications to make a pose easier as well as ways to advance the pose. "I teach my students to listen to their bodies and most importantly to respect where they are on their yoga journey. I teach a flowing-style yoga (vinyasa) where the poses are linked together with the breath. My classes build strength, flexibility, balance, and endurance."

Students should wear comfortable clothing that allows them to

move easily. Yoga is practiced in bare feet, so there is no need for special footwear. Students should bring a yoga mat and a small hand towel to class. Props will be provided.

Classes will be 1 1/2 hours and the cost is \$12 for a drop-in or \$100 for a 10-class pass. Classes will start in June, and meet on Monday evenings at 7:30 pm and Thursday mornings at 9:30 am at Leedy Grange Hall, 835 NW Saltzman. Contact her at 503-641-3492 or LongRoadYoga@gmail.com for more info or to sign up.

Stephanie Roitstein, Scentsy

Stephanie Roitstein, who also works at the Sunset Credit Union, recently became a distributor of Scentsy products after attending a Scentsy party in November of 2009. "Our neighbors lost their home to an open flame on Christmas Eve. After that, I removed all the candles from our home. I began missing the fragrances the candles had so when I was introduced to Scentsy, I was hooked."

Since it works from a low-watt bulb, there's never a fear of leaving a

candle burning, and with the variety of scents available, everyone can find a lot of scents they'll simply love. Plus, each Scentsy block lasts more than ten hours—much longer than a standard candle and for a fraction of the cost.

Scentsy, which was started in 2003, is sold through catalogs and parties. A group can invite Stephanie to their home or office to display and talk about the product. She explains, "We have over 80 different fragrances to smell and numerous warmers to see, so we've found this to be the best way to really experience the uniqueness of Scentsy. Whoever hosts the party will always receive a few gifts from me for their help. If a home or office party isn't feasible for you, a basket might be the way to go. Simply show off the basket to friends, family, co-workers & more. My kit includes small fragrance testers of each scent, order forms, catalogs & a plug-in warmer to demonstrate. You can keep the basket for a few days or even a week and then return it to me and we'll close your party."

To learn more about Scentsy or to place an order, contact Stephanie at 503-701-3610, or visit her website at www.stephanieroitstein.scentsy.us.




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May election voter guide

Justice of the Peace

Among the many Washington County contested races to be aware of is the Justice of the Peace. This is a non-partisan race to be decided in the May 18th Primary Election—there will be no runoff in November. The Washington County Justice Court is one of 41 Justice Courts in Oregon. The court processes over 900 small claims and

more than 20,000 traffic violations annually. Frequently before the court are evictions (Forcible Entry Detainer) cases, Trimet fare evasions, building code and noise violations. Mediation is available and often mandatory. It is often the first stop in the legal system for young offenders. Along with adjudication of disputes, the Justice of the Peace also performs marriage ceremonies.

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Justices are elected for a six-year term for this non-partisan position.

There has not been a contested election for Justice of the Peace in many years. The incumbent, James Shartel, was appointed in 1991 and remained unchallenged for three elections. The challenger, Teresa Kohl, is a Community Service Officer for the Forest Grove Police and a volunteer Certified Mediator in the Washington County Courts since 1998.

You can read a side by side profile of the candidates in the Oregonian Voter Guide. <http://thevoterguide.oregonlive.com/candidate-detail.do?id=193106258>

County Auditor

The office of County Auditor is mandated by the County Charter and is an elective office. The Auditor serves to independently evaluate the effectiveness and results achieved by County programs and activities. The costs and resources

used to achieve those results are also evaluated. The results of these evaluations, including recommendations and the County Administrator's response, are reported to the Board of Commissioners and the public. The Auditor makes recommendations that assist the Board and management to clarify policy and improve program performance, management practices and operating efficiency.

Alan Percell, who has served as Auditor since the position was created in 1981, announced in January that he would not seek re-election. The non-partisan position has two candidates running, John Hutzler has been an auditor for several public agencies and governments. His opponent, Kim Johnsen, is a CPA with private auditing experience.

Comparisons of the candidates are on the Oregonian Voter Guide at <http://thevoterguide.oregonlive.com/race-detail.do?id=193106310>

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OregonLive "North of 26" blog open to all

The Oregonian newspaper, in an effort to better cover local news in our area, has created the "North of 26" blog on their website, OregonLive. Anyone can sign up and post events and news to this blog. blog.oregonlive.com/my-north-of-26/index.html

Kjerstin Gabrielson, Community News Web Editor, says, "On 'My North of 26,' readers have an open invitation to blog about all of the Washington County communities north of U.S. 26, including Bethany,

Cedar Mill, Rock Creek, Oak Hills and North Plains. Schools can brag about their students, volunteer organizations can call for any help they need, neighborhood associations and community groups can share news and events, and neighbors can write about life in our North of 26 territory.

"We know there are lots of good stories out there waiting to be shared. We'd also love to see people sharing their opinions and talking about issues that are important to

their neighborhoods. We keep an eye on My North of 26 posts for news to feature on www.oregonlive.com/north-of-26 and also to include in The Oregonian's printed Community News section that comes out every Saturday.

"And we monitor the public blogs for inappropriate posts that violate OregonLive's user agreement (outlined in extended detail on the site). Essentially, we reserve the right to remove anything that's obscene, slanderous, harassing or violent, and we delete any blatantly commercial offers or spam."

Little Apollo Preschool

by Kenna Huck, Sunset High School

In 1989 the administration of Sunset High School (SHS) decided to open a preschool on campus, and ever since then the preschool became known as the "Little Apollos".

The preschool is open to the public, and all children are welcome as long as they meet the district age deadline of three or four years old on September 1. Currently 62 children, ages 3-5, are attending Little Apollo Preschool. To help take care of all these children, the high school allows students who attend SHS to sign up for a class where they help out with the kids.

This year, 90 high school students are participating in the program, which is great for the administration as well as the children. The children get to hang out with the same people on a regular basis, and parents meet future baby-sitters.



"I love working with the children as well as the high school students," says Sharon Slattery, who has been working with the Little Apollo Preschool for 21 years, since its founding. "However, when the opportunity arose to bring the preschool onto the Sunset High School campus I looked at it as a challenge as well as a chance to get to work with high school students." Slattery has a degree in elementary

education and loves her job.

Classes are offered to three-year-olds on Tuesdays and Thursdays, and four-year-old classes are on Mondays, Wednesdays and Fridays. Morning sessions are from 8:15-10:45, afternoons are 11:30-2 pm.

Up to 24 children are accepted in each of the sessions. For classes starting in September, the registration process begins in February with existing students. Once their intentions are known, registration is opened to new applicants. An ongoing waiting list is used to fill the remaining spaces during the registration period and throughout the year as spaces become available.

More information is on the website, at www.littleapolloppreschool.com, or by phone at 503-643-7935.

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Library News and Events

By Dawn Anderson

Mother-Daughter Book Club Workshop

Join local author Cindy Hudson for this hands-on presentation to help you determine who to invite, where to meet, how to run the meeting, how to choose the books, and how to keep your mother-daughter book club vibrant for years. Cedar Mill Library upstairs meeting room, Sunday, May 2, 2:00-3:30 pm. Recommended for parents and children aged 8 and up. No registration required.



Blame it on the Bossa Nova!

It "swings so cool and sways so gentle..." That's the charm and flair of Brazilian rhythms performed by local singer-songwriter & guitarist Ronnie Robins. Known around the Portland metro area for his warm and cadenced stylings of bossa nova, samba and jazz, as well as his original vocals, Robins will perform on the Cedar Mill Library's main

floor on Friday May 7. Sit and enjoy the performance or sway to the music as you browse the stacks. The music begins at 6:45 pm.

Blooms for Books

The Cedar Mill Community Library is hosting its fifth annual "Blooms for Books" Plant Sale on May 8 in the library's parking lot. Activities include:

Plants!

Over 2,000 plants for sale, many grown organically. Large variety of high-quality, value-priced, locally-grown landscape annuals & perennials to beautify your yard or deck. Huge selection of kitchen herbs & vegetable starts for your home garden or choose something special for Mother's Day! (Sunday, May 9). Garden Supplies & Books.

Celebrate Art!

The Village Gallery of Arts is celebrating the opening of their first "Art Challenge" show. A portion of the art and craft sales will be donated to the library.

Eat!

Stop by Tilly's Gelato & More's booth for coffee, pastry or some of their scrumptious gelato! A portion of the sales will be donated to the library.

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Garden Items!

Second Edition Resale Shop, the ongoing fundraiser for the library, will have fun garden-themed items, including bird feeders & ceramic pots.

The Spring Festival runs from 10 am to 3 pm on Saturday, May 8 at the library, located at 12505 NW Cornell Road, Portland, OR 97229. All purchases support library programs. For more information, contact Dawn at 503-644-0043 or visit the library's website at www.cedarmill.org/library.

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Member News, continued from page 2
ship at Sunset Athletic Club is not required for participation.

For kids who get hooked and want to experience the high of climbing as a seasonal sport, competitive rock climbing may be the answer. The climbers compete on select Saturdays throughout the school year, and summer camps are a great way to get the initial experience needed. Sunset Athletic Club also offers a competitive training team for kids ages 10-18. For more information on these and all of the other programs at the climbing wall at Sunset Athletic Club, please visit www.sunsetrockclimbing.com.

Musical field trips for preschools

Westside Music School is now pre-scheduling fall and winter 2010 field trips for preschool and early elementary-age classes from local schools. The students receive a 45-60 minute class, consisting of singing, rhythm instruments, playing the keyboards or pianos, large and small muscle movement activities and an introduction to music reading concepts.

Many preschools use this to support a unit they may be covering on music and movement. Addi-

tionally, the parents and teachers accompanying the students may get some great ideas for music and movement activities to use at school or at home. These field trips are completely free of charge.

Several local preschools have recently visited Westside Music School, including Portland, Kinderschule, Metzger Community Preschool, Circle of Friends Preschool, Mustard Seed Christian Preschool & Kindergarten, and Little Apollos Preschool.

Westside Music School has been providing families in the area with quality music classes based on the Harmony Road Music Course for over 30 years. For more information about field trips, summer or fall classes, or piano lessons, contact the school at (503) 626-7181 or check the website www.westside-musicschool.org

Spring gift-giving season pack-and-ship tips

Mother's Day, Father's Day, graduations and weddings can quickly fill up the spring calendar, also making this a busy time of year for gift giving and shipping. The UPS Store® located at 10940 SW Barnes Rd., Peterkort Towne

Square, can help make sure gifts are properly packed and shipped with care so your loved ones receive their gifts intact and on time.

"For those do-it-yourselfers, we have the expertise and materials to help them get the job done right," said Tim Kimble, The UPS Store owner.

- Begin with the proper materials, including a new cardboard box designed for shipping (no gift or moving boxes), professional-grade packaging tape (no cellophane, masking or duct tape), and packaging material like foam peanuts or bubble cushioning (no newspapers or real popcorn).
- Include a label on the inside of the package with both the destination and return addresses.

- Use a shipping option, like UPS, which provides a package-tracking number.
- Take batteries out of toys, electronics, etc., before shipping.
- Ship wrapped gifts ahead to your destination, especially if traveling by air.

"Of course, if you're in doubt, it's always good to turn to the professionals. That's why we're here," said Tim. "Our assistance is particularly important if you're shipping fragile or unusually shaped items."

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Gallery, continued from page 1
show their work in local businesses including Nelson's Coffee Shop (where Tilly's is now), at banks in Beaverton and Hillsboro, and at the Beaverton library.

Over the next two years, the organization grew rapidly, to a maximum membership of 300. By 1967, they lost their rent-free space and needed to move, first to a space in the (now demolished) Sunset Square on Murray, and later to the A-frame building that now houses Beighley & Associates on Cornell. Eventually

continues to be a working/teaching gallery, and a place for exhibition and instruction. The mission statement reads, "The Village Gallery of Arts strives to promote knowledge of, appreciation for, and active participation in the visual arts." Membership has waxed and waned over the years, but is currently around 140. Many are from Cedar Mill but others come from all over the Portland metropolitan area to study, exhibit their art, volunteer time to keep the gallery open, and find fellowship with like-minded folks.

each summer held in the garden of instructor Chris Keylock Williams.) It is equipped with a small kitchen, tables, chairs and an overhead mirror for students to view the teacher's demonstrations.

Becoming a member of VGA offers many opportunities to learn and grow as an artist. Classes are available at reduced rates; experienced artist members mentor new members; and you have the opportunity to show and sell your art. Yearly memberships start at \$35.

VGA offers both classes and workshops. The classes are usually offered once a week on a monthly schedule. The workshops take place over a one, two or three day session. Children's classes for ages 7-12 are offered after school on Mondays &

Wednesdays. You do not need to be a member of the gallery to take classes but non-members pay \$5 more per class session. There is no price difference for workshops.

Class coordinator: Shelley Lebel says, "90% of our instructors have a degree in the Fine Arts, Architecture or Design. Most instructors find us, and sometimes I'll hunt down an instructor because of a special technique they have to offer. All of our instructors have taught for a minimum of 2 years and have



Works from the Art Challenge are currently on display

they moved back to the Milltown Center, first to a space at the front, and later to the space they currently occupy, just east of the library.

The Village Gallery of Arts (VGA)

scarves, hats and hair ornaments.

A large classroom behind the main gallery is used for all classes and most workshops. (The exception is a Garden Painting Workshop

The front

part of the space is a gallery and shop, and includes framed and unframed artwork and many types of crafts including jewelry, cards, textiles and wearable accessories like



Emma Achleithner works with students Linda Greene and Carol Lutz on their watercolor technique. Many watercolor artists work from photographs.



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a curriculum they work from."

The gallery has a Patron Donation program that invites community members to become Village Gallery Patrons of the Arts. Patron Benefits include the Art Focus monthly newsletter, invitations to gallery events, your name and business listed in the newsletter and a Certificate of Appreciation. Donations are fully tax-deductible and qualify for a match with the Oregon Cultural Trust.

VGA does not jury art into the gallery. Member artists make decisions regarding what they bring into the monthly shows. They are only limited by size and number of paintings. Crafters have guidelines as to how many pieces they may display in the gallery.

The VGA is always looking for businesses to host art shows. In specific months they are featured at the Beaverton City Hall, and the Justice Center in downtown Portland. Currently they have a show at Java Mama on 185th. Any business interested in hosting an outside show should call member Otto at 503-645-3475.

Some VGA members have gone on to be award-winning members of local and national art societies. Some also go on to gain representation for a for-profit gallery. One successful artist, Phyllis Meyer, has been a member since she first moved to the area in 1993. She began taking classes from popular watercolor teacher Chris Keylock

Williams in 1994 and studied with her for five years. She says, "Since that time I have studied in workshops with a variety of instructors at the Village Gallery and other locations. If I hadn't discovered the Gallery I might not have started painting at all... It is a wonderful place for classes, to display and for support. One of my critique groups, Viewpoint, has been meeting there since its inception in 1995."

Vatne says, "We have recently updated our website, villagegalleryarts.org, to make it user friendly and to give the visitor a picture of who we are. You can view member's art on line, read our newsletters, where you will find our latest class and workshop offerings, download documents and learn about membership. The listserv is our instant communication line with members. It is used to deliver our monthly newsletter and alert members to other timely news events."

VGA has been a member of the Cedar Mill Business Association for several years. They appreciate the exposure they've received through the Cedar Mill News. Vatne mentions that, "The feature article on the local businesses is such a great way to get to know our neighbors."

Visit the Village Gallery of Arts in their space just east of the Cedar Mill library. They're open Tuesday-Saturday from 10-4 and Sunday from 12-4. Their phone number is 503-644-8001.



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