



FREE

Cedar Mill News

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September 2016



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Caring for backyard fruit trees

By Chuck Thompson

Love that apple tree in the back yard but the apples are too wormy? Are the fallen apples a mess simply confined to your back yard, or are they something closer to a neighborhood nuisance, attracting yellowjackets and creating smells and slimy surfaces? Are you missing out on one of nature's treats—such as watching an apple develop from bloom to a ripened usable fruit on the tree?

One of the primary non-beneficial insects impacting apples, the Codling moth maybe more com-

monly known as the apple worm. Surprisingly small, the adult moth



checks in at a whopping one-half inch. Depending on weather, there can be as many as three generations

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High School Boundary Update

When the Beaverton School District (BSD) decided to locate its newest high school in the southern tip of the district, it was inevitable that the result would be huge changes for families in our overcrowded northern end of the district. The rationale behind the decision can be debated, but with construction underway at the South Cooper Mountain location, members of the High School Boundary Adjustment Committee (BAC) were faced with the equivalent of rearranging deck chairs.

One reason many parents are upset is that BSD high schools are

not all the same. Sunset has a great reputation and many special programs, including the International Baccalaureate (IB) track. Families forced to switch to Beaverton or Aloha won't have those choices. Realtors estimate that up to a third of the price of a house is dependent on the quality of local schools.

In addition, BSD administrators seem to be in love with busses. They don't seem to see a problem with the impact that additional travel has on family life or student safety. "Buses are cheap," compared with building new schools. The district gets reimbursed for bus expenses by

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Cedar Mill downtown zoning surprises neighbors

Recent development proposals for properties in the Cedar Mill Town Center, south of Cornell, brought concerned folks out to the Neighborhood Meetings to protest the growing urbanization of their area. Those areas were "up-zoned" in 2000, when County Ordinance 536 established the rules for the Cedar Mill Town Center. There was extensive public involvement leading up to the adoption of the Ordinance, but it mainly focused on Cornell Road improvements.

It's unclear when and how the residents of the neighborhoods were informed that their land was rezoned. Zoning information is disclosed during real estate transactions, but many of the residents may be renters, or may have been in their homes prior to 2000.

It's evident, though, that many of them were unaware that their single-family neighborhood is zoned for either high-density housing (24-40 units per acre) or Retail/Commercial. So when Western Oregon Dispensary's Sheri Ralston bought the house on Dale, just south of Java Lounge,

and proposed to establish a marijuana dispensary, it came as a shock to many that not only that house, but several surrounding properties could be developed as commercial buildings. Ralston's development application has now been submitted to the county, including an update to include recreational sales. A copy of the application will be available at the Cedar Mill Library's newly organized CPO section, in the northeast corner of the reading room mezzanine area.

Last month we wrote about the Neighborhood Meeting for a pro-

posed commercial building across the street, on what is now a vacant lot. We incorrectly said that the lot belonged to the owners of Foot Traffic. One of the owners of Foot Traffic, David Pietka, is a partner in the ownership of the lot being proposed for development. We regret that error. (Pietka and his partners were required by the previous owners to buy both parcels, which had formerly been owned by the family who ran Apollo Pools.)

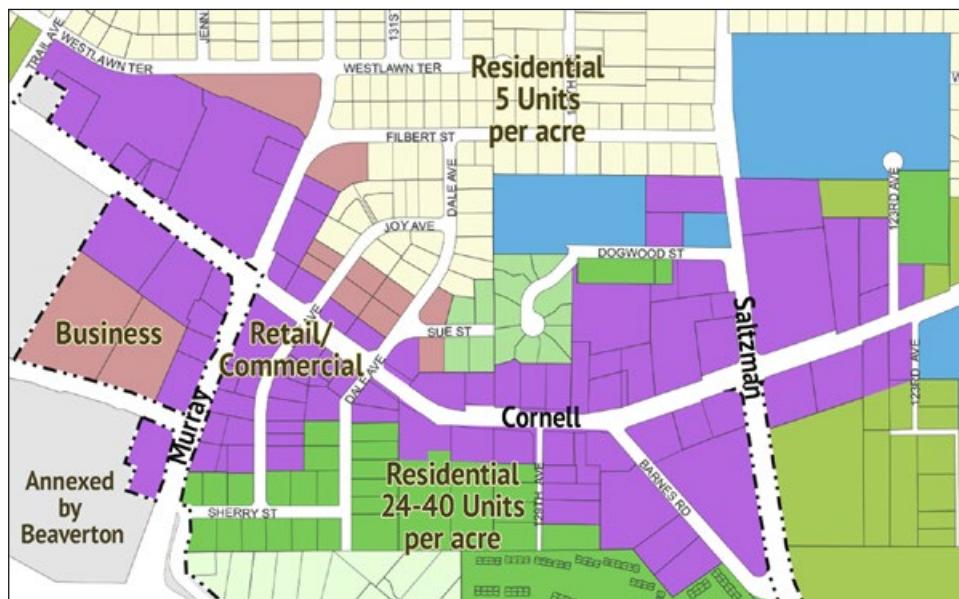
In any case, neighbors were upset about increasing traffic in their neighborhood. Foot Traffic

co-owner Sean Rivers points out that the neighbors already live, "smack dab in the middle of a very dense commercial/residential area," and should expect increased traffic as the area develops.

The Town Center plan envisions that the properties on both sides of Cornell and several properties up all the adjoining streets will develop as commercial buildings, with dense housing on adjacent properties. But knowing that they can eventually sell their lots at a higher price for urban development isn't much comfort to people who

like things the way they were, and we can see their viewpoint.

It's all part of the plan to create a "Transit-Oriented" downtown area. Some people embrace the transition to an area with a much more urban feel—a mix of ages living in denser housing, with shopping, restaurants and other amenities nearby—while others resist that vision. As the economy improves and developers start to look for investment opportunities, however, it's unlikely that the trend will stop.



Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

"Art Hour" at Skyline Memorial Gardens

Fridays, September 9, October 14, November 11, December 9, 6-8 pm, Skyline Memorial Gardens Funeral Home, 4101 NW Skyline Blvd, free

In the spirit of the celebration of every life, members of the community are invited to Skyline Memorial Gardens & Funeral Home to help set the stage for incorporating art within the retreat-like setting of Skyline Memorial. We want to inspire the community to discuss how Skyline Memorial can be used as a gallery, a studio, and a place for learning.

"We believe in inviting the community to enjoy Skyline Memorial's inspirational vistas and statuary," says Rachel Fox, manager of Skyline Memorial Gardens and Funeral Home, a member of the Dignity Memorial® network. "The staff at Skyline Memorial Gardens feel as though the tranquility of the location and its expansive vistas to the coast range mountains are works of art in itself, we often see people playing musical instruments, sketching and photographing the views. This got us thinking, 'why not invite the public in and ask them how Skyline Memorial can be an avenue for others to create art, enjoy art, and meet artists?'"

Selected works by local artist Veronica Lake will be exhibited. Lake, who resides in the area, specializes in watercolor, acrylic and mural painting, drawing, hand-painted photography, and mixed media. She will be joined by Jim Dorman, a local "musical adventurer," who brings audiences with him on a journey of discovery.

Guests will meet artists and musicians and enjoy conversation, appetizers, and wine and beer. Each Art Hour will also include speakers or art demonstrations and will vary by topic. For more information and to RSVP, please call 503-292-6611.

Village Gallery News

New Member Reception: Sunday, September 11, 2-4 pm

Come meet the artists who have joined Village Gallery of Arts in the last 12 months. The participation from new members this year is our best turnout yet. Enjoy their talent on display in a wide range of work that includes watercolor, mixed media, jewelry, leather crafts, and Chinese calligraphy.

September class offerings include:

Oil Painting with Brooke Walker-Knoblich: Explore history's richest painting techniques by



Grape Vineyards, Valencia, by Harold Walkup

learning how to effectively copy your favorite masterpiece. Join in a thorough examination of the properties of oil paint, including how to mix harmonious colors, block-in a composition, and capture the atmosphere of a masterwork. Students of all skill levels welcome, especially beginners. Thursdays, September 15, 22, 29 and October 6, 3-6pm.

Building The Fundamentals Of Oil And Acrylic I with Annie Salness: For Beginning and Intermediate students: focus on building the fundamentals of painting including drawing, value, composition and color. There will be several demonstrations, exercises and individual attention. Along with exercises there will be homework or practice so that you will be able to approach or complete a painting by the end of class. Thursdays Oct. 6, 13 and 20, 10am-1pm.

For complete details on all

classes please [visit the VGA website](http://www.villagegalleryofarts.com).

Barnes Rd. Chiropractic – new name, new location

Dr. William Econe has moved his chiropractic clinic from Barnes Road (the "triangle" center) to a new location at 8835 SW Canyon Lane, Suite 302. The practice is now called Econe Chiropractic. They can still be reached at 503-203-6855. [Learn more at their website](http://www.econechiro.com).

Curvy Chic Sale

September 22-25, 12505 NW Cornell Road (former Ace Hardware Store)

\$5 pre-sale event on Thursday,

September 22, 11am to 2pm

Thursday, September 22, 2-8pm

Friday, September 23, 10am-9pm

Saturday, September 24, 10am-5pm

Sunday, September 25, 10am-5pm

Curvy Chic Closets' four-day, semi-annual Consignment Sales Event allows curvy women to

indulge in a new wardrobe without a smidgen of guilt. Women can bring in their own gently-used clothing and accessories to sell. Shoppers will also be able to shop from more than 22 participating vendors for new-to-them items.

Attendees who wish to consign their gently-used, size 14/XL-34 clothes should register via the Curvy Chic website to receive a consigner number and a drop-off appointment.

Belinda Carroll, the Portland-based plus size comedian, writer, and actress, will host a fashion show on Friday, September 23 at 7 pm, featuring fashions and accessories from a variety of designers.

Curvy Chic Closet is joining forces with Camions of Care, a nonprofit organization that distributes feminine hygiene product care packages to women in need. Attendees can bring three hygiene donations in exchange for FREE Presale Admission (\$5 value) for Thursday, September 22. Items needed (accepted all weekend) include: toilet paper, paper towels, facial tissues, feminine products, shampoo, conditioner, and soap.

Another worthy charity to benefit from Curvy Chic Closet's generosity is Gung Ho Ministries, a women's resale shop that generates income to help serve homeless veterans, the needy, and the underprivileged. In the past four years, Curvy Chic Closet's consigners have donated approximately 10,000 pounds of goods to Gung Ho Ministries, helping countless women to dress for success and improve their lives and circumstances.

Like them on Facebook (Curvy-ChicCloset) or [visit the website](http://www.curvychiccloset.com) for more information.

A new kind of preschool in Cedar Mill

Dave and Oyendrila Kennedy are excited to introduce the community to the beautiful new preschool they have built in the Cedar Mill/Forest Heights area. The idea for the school was born years ago, when they had trouble finding a quality full time preschool for their daughter, Anya, that fit their needs. They also have a strong belief that early childhood education is as important, if not more important, than grade school and college, as it establishes a child's social, emotional, and academic trajectory.

The Cornell School combines the best aspects of leading educational philosophies to promote non-linear thinking and creativity. Their play-based activities are derived from Reggio, STEM, and Montessori programs. Small class sizes support each child's individual learning style, and foster a truly nurturing



environment.

The school is set on three acres of wooded grounds that include fruit trees, open spaces, a natural stream, trails, and wildlife. It is a brand new building with large, light-filled classrooms that connect with the outdoor learning spaces. The teachers hold Masters degrees and have more than 20 years of

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Japanese beetle infestation hits Cedar Mill

By Anne Dantzig

This summer, Japanese beetles were trapped in Cedar Mill in the NW Saltzman/NW Thompson area.

Oregon has been Japanese beetle-free except for a smaller infestation near the airport three years ago that was successfully eradicated by the Oregon Department of Agriculture (ODA). These beetles originated in Japan (hence their name), arrived in the US around 1916, and are now well-established in the United States east of the Mississippi. They cause major crop damage each year to over 250 food crops and flowers.

"What we know right now is that this infestation is localized, yet producing enough adult beetles that we can find them feeding on roses and other plants in this area," says Clint Burfitt, manager of ODA's Insect Pest Prevention

and Management Program. "Without community action, this pest will spread and cause an increased use of pesticides by homeowners and producers of agricultural crops, such as cannabis, hops, nursery plants, and wine grapes."

These insects especially like roses, dahlias, beans, grapes, and raspberries and will attack a variety of the fruit trees. Their life cycle begins as an egg, develops into a larvae (also called a grub), then a pupa, and finally a half-inch-long adult beetle with a shiny metallic green head and thorax with copper wing covers. The

adult beetles proliferate quickly and the female lays up to five eggs daily. They can fly short distances.

The beetle grubs winter in soil where they consume the roots of plants and grass, creating brown

spots in lawns. Adult beetles emerge in late spring.

You may have already noticed damage done by the beetles in your garden. In the morning and early afternoons, beetles feed on plant leaves, creating leaf skeletons with veins exposed and flower petals with ragged edges or holes.

Our current infestation can easily spread to surrounding areas if appropriate actions are not taken. The Oregon Department of Agriculture plans to begin spraying this coming spring. Residents may be asked to cooperate to allow them to hang traps in their lawns and to spray. Also, residents may help by surveying their own yards. If beetles are found, drop them into a pail of soapy water to drown them.

Lawns may be treated with a natural bacterial predator—milky spores that are specific to Japanese beetle grubs. You can learn more about Japanese beetles at this website: almanac.com/pest/japanese-beetles.

More information will be forthcoming from ODA next spring, and we'll bring that to you when we get it.



Eat Smart! Movie Series

Saturday, September 17, 7 pm,
Leedy Grange Hall, 835 NW
Saltzman.

Are you interested in food? Don't miss *Brunswick*, a film you are unlikely to see in theatres, online, or in video stores. *Brunswick* is about development, told through the story of an aging farmer's connection to his land. The film weaves together the



plight of Sanford Bonesteel, a farmer in his 90s, with the complexities of small-town politics as a residential development is planned on the land Sanford used to farm.

Sanford's land is in Brunswick, New York, a small rural town facing the challenge of balancing economic growth with the preservation of rural character. This story, though, applies to rural communities across the United States.

Films are free. Donations accepted.

CPO 1 studies Inter-County Commuting

Tuesday, September 13, 7 pm,
Leedy Grange Hall, 835 NW
Saltzman

If you work in Portland and live in northeastern Washington County, your choices for getting to work are rather limited. You can join the slow parade of cars on Highway 26; you can go to the Sunset Transit Center before 7 am to get a parking space or have someone drop you off; you can drive in the opposite direction to find a MAX lot that doesn't fill up that early; if you have a regular schedule, you can try to get involved in some kind of carpool; you can park at a Park-and-Ride lot and take a bus to a Transit Center; or you can drive through the hills via Thompson, Cornell, or Burnside. In any case, you're probably wasting time, money, carbon and your nerves, and arriving at work in a less-than-optimal state of mind.

We have invited representatives from area agencies responsible for roads and transit for a forum-style discussion of the issues and possible solutions. Come with your experiences, questions, and suggestions and help us try to untangle the commuting situation.

Community Participation Organizations are led by volunteers

elected by members of the communities they serve. CPOs encourage and empower public involvement by providing a place for community members to come together to learn about and discuss issues in a comfortable forum.

It's a place to get unbiased information about issues relating to local and County services for transportation, parks and trails, housing and business developments, public health, safety, emergency planning, schools, libraries and other matters affecting the livability of their community. You can interact with decision makers including local government and agency representatives, elected officials, and community leaders. There's also an opportunity to engage as a group in an advisory role to the Washington County Board of Commissioners.

Meetings are open to anyone interested. To vote on issues, you need to join your CPO by signing up for the newsletter (print or email). For more information, and to sign up to join your CPO, visit the website.

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Take advantage of fall's cooler weather to tuck in some natives

by Margie Lachman

Fall is the ideal time in our area for planting. Warm soil and cooler air are perfect for establishing trees, shrubs, and perennials. Nurseries are reducing prices of stock now as sales slow down in winter.

If you have a spot for a tree or shrub, consider a native plant that



Fawn lilies thrive in shady spots

has adapted to our dry summers and mild wet winters. This doesn't mean there's no need to water

them in the summer, but less water is required once the plants are established. It takes two years (or more for trees) for roots to grow sufficiently into the soil, so regular watering those first years is essential.

Some of the best native conifers include Alaska cedar, Alpine fir, Douglas fir, Mountain hemlock, Western redcedar, Western yew, and White fir. Deciduous trees native to our area include Garry oak, Oregon ash, Pacific dogwood, and vine maple.

For drier areas, Madrone, an attractive broad-leaved evergreen, does well. In areas of full sun, good shrub choices are *Arctostaphylos media* (hybrid manzanita), Golden currant, Oregon grape, Pacific wax myrtle, red flowering currant, Rocky Mountain maple, Saskatoon,

silk tassel bush and Western hazelnut. For shadier places, evergreen huckleberry, ocean spray, red twig dogwood, salal, and Western azalea

October 8, 10 am-2 pm, Tualatin Hills Nature Center, 15655 SW Millikan Way

The [Fall Native Plant Sale](#) at the THPRD Nature Center is a great place to get started with natives, or to fill in more of your yard. Knowledgeable staff and volunteers will be on hand to answer questions about native plants and their benefits. They can help you find the right plant for your needs. Proceeds from the sale contribute to future park improvements and environmental education programs.

make good choices.

The following perennial plants do well in full sun but will always need regular water in summer (with the exception of sedums such as *spatulifolium*): camas, *Fritillaria lanceolata* (chocolate lily), false

Solomon's seal, Pacific Coast iris, *Lewisia*, shooting star, twinflower, and Western columbine. For part shade: *Erythronium revolutum* (fawn lilies), Five finger (maiden-hair) fern, piggyback plant, *Trillium ovatum*, *Vancouveria* (inside-out flower), and wood fern.

Creeping mahonia and wild strawberry work well in sun or part shade. False lily-of-the-valley, bunchberry, and wild ginger prefer full shade.

Trees and shrubs can be an expensive investment but they

enhance our property values with their beauty and shade. Perennials, grasses, and ground covers add understory interest and weed suppression. And natives support wildlife with flower nectar and berries, provide shelter and nesting sites, and are seldom bothered by insects or disease.

There are more natives, but these are among the best. Local nurseries have knowledgeable people to assist you, but having a list of what plants you are interested in is most helpful. The Sunset Western Garden Book is a great resource for selection and care of plants. The more you know the greater your success!

Questions? Email me at mar_gierose2@gmail.com or call 503-645-2994.

Farmers Market news

Saturdays, 8 am-1 pm, corner of Murray & Cornell

September is a great month at the Cedar Mill Farmers Market. We have an abundance of fresh produce available in all colors! Green, purple, red, yellow, orange—it's beautiful!! There are some new vendors to check out and favorite ones to visit again: henna tattoos, soaps, jewelry, breads, hummus, vegetables, fruits, nuts, jams, honey, community booths, linens, kettle corn, and some hot foods too!

Don't forget about our kids program—POP (Power of Produce). Every Saturday, 9 am-noon at the POP booth, there is a fun activity aimed at teaching kids about fresh fruits & vegetables, healthy snacks, and how things grow. Kids will receive \$2 in tokens to shop for fresh fruit or veggies after they do the activity!! Questions? Contact us at ourcmfm@gmail.com

County road fee moving forward

At its September 6 meeting, the Washington County Board of Commissioners (BCC) heard the "first reading" of a new ordinance that will create a \$30 Vehicle Registration Fee (VRF) that drivers will pay at the time they pay for their state vehicle registration.

The fee proposed in Ordinance 817 will only be implemented if the state legislature fails to pass a 2017 transportation funding package that provides additional county revenue equal to or greater than \$8.1 million annually—the County's share of revenue generated by a \$30 VRF—in the first year.

"Road, bridge and culvert maintenance and repair costs are outpacing available road funding nationwide," said Andy Duyck, BCC chair. "From a safety perspective, we simply can't wait for a state or federal funding package to support road maintenance funding at a level that will keep travelers safe. A \$30 VRF will allow us to partially address the problem by prioritizing our most critical safety needs and maintaining pavement at its current level."

An estimated \$4 million per year is needed to maintain the County's pavement at a "good" level. In addition, 54 culverts need replacing, and 81 bridges are deficient.

The County has had to defer pre-

ventive maintenance and repairs, which has created safety issues on many roads. Examples include the collapse of aging culverts on both Timber and Beef Bend roads last December. The Timber Road culvert collapsed minutes after a school bus drove over it.

In July, representatives from citizen advisory committees, area chambers of commerce and the

creating significant safety issues."

Washington County's road maintenance funding comes primarily from the state gas tax and vehicle fees, and the county gas tax, which are not keeping pace with increasing maintenance costs. Fuel sales per registered vehicle have been declining, due to hybrid and electric cars, and fewer miles travelled per vehicle. At the same time, maintenance costs have increased significantly. For example, asphalt paving costs increased about 370% from 2004-2014, according to the ODOT.

If implemented, the County VRF would be collected by the state Department of Motor Vehicles, in conjunction with state registration fees, starting July 1, 2018. The fee would be \$30 per year for most vehicles; \$17 per year for motorcycles/mopeds; and \$10 one-time fee for trailers eligible for permanent registration.

For more information, visit the Washington County road maintenance funding education website: KeepRoadsSafe.org. A public hearing on the ordinance will be held during the September 20 Board meeting: 6:30 pm in the auditorium of the Charles D. Cameron Public Services Building, 155 N. First Ave., Hillsboro.



Westside Economic Alliance testified at meetings and sent letters to the Board, asking for a \$43 VRF—the maximum allowed under state law—to improve road safety. The board opted for a \$30 VRF, which will address the most critical needs only, while limiting the financial impact on vehicle owners.

"We are mindful of the fact that voters did reject, by a narrow margin, a 2014 ballot measure that called for a \$30 VRF," Duyck said. "Given that, we were reluctant to move ahead with a \$43 fee, but agreed that something has to be done. The maintenance funding shortfall hasn't gone away, and it is

Cedar Mill downtown cleanup!

Saturday, October 8, 7-9 am, mid-Cornell

Meet in front of the Coldwell Banker Seal building to clean up debris, trim up bushes, pull weeds, and enjoy coffee and donuts with your business community and neighbors! Cedar Mill is in charge of our own cleanup as we are an unincorporated area. This is quick and easy and rewarding. See you then! Your CMBA is the sponsor of this event.

Legislative Town Hall

September 12, 6 pm, St Vincent Hospital East Pavilion (near the Souther Auditorium)

Join State Senator Elizabeth Steiner Hayward, and State Representatives Ken Helm and Mitch Greenlick for a Town Hall Meeting! Please come and give them your thoughts as they plan for the 2017 legislative session.

Free Outdoor Recreation Passes Available for Fourth Graders and their Families

With the start of the new school year, it's time for all fourth graders and their families to claim their free Every Kid in a Park pass which allows free entry into all federal parks, forests, and recreation areas for a full year.

Today, more than 80% of American families live in urban areas, and many lack easy access to safe outdoor spaces. At the same time, kids are spending more hours than ever in front of screens instead of outside.

Starting September 1, fourth graders can print out a paper

End of Summer Rummer Tour Celebrates Historic Mid-Century Modern Homes

Saturday, September 17, 10 am-4 pm, various locations in Oak Hills, tickets required.

Restore Oregon is hosting a walking tour of Mid-Century Modern homes designed by Robert Rummer. The homes are all in Oak Hills, a historic district in the National Register of Historic Places—the first Mid-Century Modern historic district designated on the West Coast.

These iconic “atomic age” houses trace their lineage to designs by A. Quincy Jones for Joseph Eichler in California. Today they are highly sought-after and those on the tour demonstrate the spectrum of ways this simple, elegant style can be

interpreted. Tour-goers will also have a rare opportunity to meet Robert Rummer, who will be in attendance.

All the homes are located within a walkable one-mile radius. Participants will see how the planned Oak Hills community was developed around its school, church, recreation center, and greenbelt pathways to create

an unusual sense of neighborly continuity. Tickets are \$35 to the general public; \$25 for Restore Oregon members and are available at RestoreOregon.org or by calling 503-243-1923. Only 800 tickets will be sold.



voucher for free entry into all federal lands by visiting the Every Kid in a Park website at www.everykidinapark.gov. Students and



their families can also redeem their

paper voucher for a plastic pass at any Forest Service office. The voucher and passes are valid for the entire school year, September 1, 2016-August 31, 2017.

The Forest Service is partnering with schools and educators across Oregon and Washington to plan Every Kid in a Park events in local communities and distribute passes at back-to-school events this fall. For more information on upcoming Every Kid in a Park events, contact your local National Forest (visit findyourpark.com for more information).

Viva Village September Events

Viva Village is dedicated to helping seniors stay in their homes and communities through a variety of support services and activities. The public is invited to participate in any of these events: a great way to meet Viva Village volunteers and supporters in an informal setting.

Village 101: Introduction to Viva Village and the Village Movement. RSVP to 503-312-7675.

Thursday, September 15, 7-8:30 pm, 12500 SW Allen Blvd. at Hall Blvd.

Village 101: Introduction to Viva Village and the Village Movement.

Sunday, September 18, 10-11 am, Murray Hills Christian Church Fellowship Hall, 15050 SW Weir Rd

Book Club: Discussion of

Markus Zusak's *The Book Thief*. RSVP: VivaVillageBookClub@gmail.com or call 503-644-7417.

Tuesday, September 20, 6:30-8:30 pm, Private home in the Beaverton area

Let's Get Moving

Saturday, September 24, 1-3 pm, Manzanita Room, Elsie Stuhler Center, 5500 SW Hall, Beaverton

Staying independent with stamina, strength, balance, and mobility. Most older adults want to remain on their own for as long as possible. Unfortunately, most of us wait too long to learn how to maintain and improve physical function and protect that precious independence. According to the Centers for Disease Control,

falls are one of the major causes of injury and decreased autonomy for seniors. Clearly, falls prevention should be #1 in our plan for staying independent. In this 2-hour interactive session, senior fitness expert, Jacqueline Sinke, will provide basic information on why it is important to take steps to stay fit and injury-free. Participants will learn how to engage in simple efforts to build and maintain everyday fitness and how to exercise in ways that avoid injury. They will also have the opportunity to test their levels of fitness, including balance, in a safe, supportive environment.

For more information about each event visit vivavillage.org.

New items arriving daily!

2nd edition resale

It's a jungle!

African Jungle theme starts Sept. 19

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Boundaries, continued from page 1
a variety of sources, so it seems like an easy solution.

Portables are cheap too. Westview currently has 18. A local news story recently highlighted a parent's dismay that her child's class was moved into a portable. What does it say about our respect for our kids and the importance of education that we're putting them into trailers?

Next steps

On May 16, 2016 the School Board approved the transition plan but asked that the Superintendent provide additional consideration about two of the criteria: proximity to school and transportation costs. It was emphasized that a great deal of work has happened over the last six months with the boundaries.

BSD has released a revised high school boundary map. It is accompanied by a description of the four areas of consideration, including rationale from the Committee for its recommendation, and the trade-offs that would be associated with changing the committee's recommended attendance boundary.

Five open houses will take place this month—one at each comprehensive high school. The BSD Board said that those sessions need to be very clear on what the public can expect and what the process will be. The Board wanted a very specific agenda and meeting materials to be available ahead of time. These meetings will be for listening purposes and no decisions will be made at these meetings. Board members are encouraged but not required to attend.

The meetings will be followed by a review of the public input

with District staff, the High School Boundary Adjustment Committee and new BSD Superintendent Don Grotting. That may result in further revisions, and creation of a final map.

Grotting will then submit his recommended map and criteria report to the Board for review and final adoption in late September or early October.

The five open-house style meetings will include time for public testimony.

Monday, September 12, 6:30 - 8:30 pm, Sunset High cafeteria

Tuesday, September 13, 6:30-8:30 pm, Westview High cafeteria

Wednesday, September 14, 6:30-8:30 pm, Aloha High cafeteria

Tuesday, September 20, 6:30-8:30 pm, Southridge High community room

Wednesday, September 21, 6:30-8:30 pm, Beaverton High cafeteria

At each meeting, there will be enlarged versions of the map, brief welcoming comments and public testimony. The information and format will be the same at each open house. Individuals may also provide public comment online.

Members of the High School Boundary Adjustment Committee will convene on Thursday, September 22, 6:30-8 pm, at the Administration Center conference rooms to give their input about the areas of consideration and review the public input. This meeting is public but no additional public testimony will be taken.

Links to the newest map and more information about the high school boundary process can be found on the [High School Boundary Adjustment Process webpage](#).

with downtown businesses to bring this new community event to Beaverton! With the food, music, and entertainment, the Broadway Street

District seeks applicants for Elementary Boundary Adjustment Advisory Committee

Parents and community members of Jacob Wismer and Springville K-8 schools are encouraged to apply to serve on BSD's Elementary School Boundary Adjustment Advisory Committee. The Committee will use [School Board Policy IC](#) to study and recommend attendance boundary changes to establish an attendance boundary for the new Kaiser Road K-5 school that is scheduled to open in the fall of 2017, as well as balance enrollment at Jacob Wismer Elementary School and Springville K-8.

The committee work will begin on October 6 and will conclude by November 2016. The committee will meet twice a month. Meetings will be open to the public. Public comment will be taken at each meeting. There will be boundary activities for the public while the Committee is working. The Committee will report out at each meeting.

The Committee will consist of three parent/community members* each from the Jacob Wismer and Springville K-8 school communities, along with the principals for Jacob Wismer and Springville K-8 schools, who will be ex-officio members of the committee. A BSD Technical Team will develop materials and support the Committee.

Those who wish to apply should submit a letter or email of interest by 4 pm on Friday, September 23, including name & contact information (mailing address, e-mail address, phone number); a brief resumé, and responses to the following questions: Why do you want to serve on the Elementary School Boundary Adjustment Advisory

Committee? What skills and experience do you have that would benefit the Advisory Committee? (Please limit your response to no more than one page). Send letters or emails of interest to:

Beaverton School District Communications & Community Involvement Department, 16550 SW Merlo Rd., Beaverton, OR 97003 or email to: community_involvement@beaverton.k12.or.us.

For more information, please contact the Communications & Community Involvement Department at 503-356-4360.

**Cannot be an employee of the Beaverton School District.*

Washington County Launches Wood Stove Exchange Program

Last October, the County Board of Commissioners approved new rules to protect the public's health by reducing wood smoke. The ordinance was designed to raise awareness of wood smoke as a health issue and prevent unnecessary burning when the air quality is particularly poor.

As a continuation of this air quality improvement work, Washington County's Office of Community Development, in partnership with Washington County Department of Health and Human Services, has launched a Wood Stove Exchange Program. Qualifying residents can receive a rebate of \$1,500-\$3,500 when they replace their old or uncertified wood stove with a cleaner heating device. Some households may qualify for a full-cost (free) replacement, depending on their income!

"The benefits of this exchange program can't be overstated," says Board Chair Andy Duyck. "Not only will our air quality improve, but families who get new heating devices will have a much more efficient heat source to keep them warm."

Program participants can replace their old wood stove with an electric ductless heat pump, a natural gas stove, a pellet stove or a gas furnace. Those who qualify for a free replacement may also opt for a new EPA-certified wood stove, in addition to the other choices.

Visit WoodStoveExchange.com for the application, eligibility guidelines, details on replacement device options and a comprehensive Q&A on the program. Or call 503-846-4425 for more information.

Beaverton Street Festival

Saturday, September 17, 1-6 pm,
Downtown Beaverton

The Broadway Street Festival, presented by Bob Lanphere's Beaverton Kia with the City of Beaverton and the Beaverton Downtown Association, offers an afternoon of food, arts, crafts, and live music for all ages. Admission is free and attendees can catch a free shuttle ride to the festival from the Beaverton Farmers Market.

There will be twenty vendors, and shops and restaurants along Broadway will have specials and activities. "We are so excited to partner



Festival is going to be a great time. Come check it out," said Mayor Denny Doyle.

The 97.1 Charlie FM stage will feature live performances by the Beaverton Community Band, groove and soul band Hot Tea Cold, Nigerian Afrobeat band Jujuba, and headliner Hit Machine playing dance hits from all eras.

For more information, visit BeavertonOregon.gov/BroadwayStreetFest or contact the Neighborhood & Events program at 503-526-2501. Visit [the Facebook page](#) to RSVP for the event.

Apple trees, continued from page 1 of moth per year. The Codling moth overwinters as full grown larvae enclosed in a cocoon under loose bark on the tree, in the ground, or in that pile of wood stacked near the tree. The cold-blooded insect responds to the warming environment in the spring and emerges as an adult moth ready to restart the cycle. Their arrival can be closely predicted by tracking Degree Days.

On the Cedar Mill News home page is a weather station that records daily temperatures. Oregon State has [a website that provides models](#) that can take the information provided by the Terra Linda weather station, or another closer to your location, and calculate the cumulative Degree Days, and will then project—based on historical averages—the future accumulation. Sounds technical, but it's necessary information to determine the timing of cover sprays. There are Integrated Pest Management (IPM) approved sprays out there that can be used in an "organic" world if applied properly.

There is almost too much information on the internet about Codling moths, all interesting in their own right, but many of us have other things to do as well. [Here's a useful article](#) from the Pacific Northwest Insect Management Handbook.

In summary, what this article suggests is that if you have an apple tree in your back yard, be a good neighbor and take care of it. If you choose to control the Codling moth and other pests, enjoy the apples and share the abundance with neighbors. If you like the tree but don't want the apples consider simply picking them early and disposing of them. For those in the latter category, there are sprays that will cause the apples to drop very early. If you don't like the tree and don't like the apples and don't want to deal with the mess—strongly consider cutting it down. Apple makes a decent firewood.

Under any circumstances keep the area under the tree picked up. No rotten wormy apples, no small wood piles, and don't use the cold compost pile over in the corner of the back yard for fallen apples. Someone's pet chicken will be glad

to scratch for over wintering larvae in the ground.

For those that want the apples and enjoy the tree and the bountiful harvest, perhaps more importantly for some of us grandparents watching the smile of grandchild picking and eating their own apple, some reasonable care, and near-absolute organic practices will provide usable fruit.



Perhaps try some reading about using Degree Days to time cover-spray applications. Carefully-timed means less spray in the environment. There are other devices

like traps that can be used if you consider careful spraying undesirable. No control means wormy apples. No controls means you're running a nursery for undesirable insects. The moths start flying on warm evenings, most often after dark, ignoring fence lines. They're essentially invisible, but your neighbors will have a good idea who is harboring the undesirable insect.

[Ed. note: Chuck says he's available to help folks figure out the right time to spray. Contact us and we'll put you in touch.]

QUAKE UP! Join us! Sat. Oct. 1
More info to come!

Bounce back faster from disaster!

QuakeUp! Get Ready!

Saturday, October 1, 9 am-1:30 pm, Beaverton Farmers' Market, SW Hall BI between 3rd & 5th

Bounce back faster from disaster! Your quality of life after an earthquake is dependent on how well prepared you and your neighbors are. Don't miss this educational and hands-on event that will help you and your family prepare for an earthquake or other disaster.

Free, all are welcome. Receive information, visit with experts, attend presentations and enter drawings for emergency supply giveaways.

Quake Up! is organized by the Washington County Community Participation Organization Program, with the support of agency and community partners. For more information, contact Dan Schauer, 503-846-6287 or dan_schauer@co.washington.or.us

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Beaverton Historical Society

Tuesday, September 20, 7 pm, Elsie Stuhr Senior Center, 5550 SW Hall

At the next FREE (donations are welcome) Beaverton Historical Society event, Catherine Adinolfi, Tour and Volunteer Manager for the Japanese Garden, will lead participants through a virtual tour of the garden! For more information email the BHS at info@historicbeaverton.org or call 503-430-0106.

Cedar Mill Garden Club goes bats

Wednesday, September 21, Business at 9:30 am, Program at 10:30 am, Beaverton Community Center, 12350 SW 5th Street, Bv

Birds, bats, and bees are welcome visitors to our gardens. Learn about our native residents and the benefits they provide, such as insect control and pollination. Elaine Murphy of Nature Services discusses ways to attract them to our gardens and provide for their basic needs.

Elaine been a birder for 30+ years and has been teaching nature classes and leading bird walks since 1990. She currently works for the Tualatin Hills Park and Recreation District, teaching adult & children's classes. Elaine also leads bird walks and teaches classes for the Backyard Bird Shop and Al's Garden Centers, and has her own business, Nature Services, offering nature-oriented children's birthday parties.

Meetings are open to everyone interested in gardening. The Cedar Mill Garden Club continues to offer educational programming for the community. Join us to share gardening and landscaping tips, hear top-notch presenters on gardening and conservation, take field trips and share in the fellowship of like-minded men and women. Ask about membership, and [visit the website](#).

School Gardens Help Kids Grow!

Need help starting a school garden or fixing up a neglected one?

West Multnomah Soil & Water Conservation District helps teachers and parents to develop thriving active school gardens through free informational assistance and small grants. Their funding application window is currently open and will be awarded on a rolling basis while funds are available. [Visit our website](#) to learn more, or contact the Education Coordinator, Laura Taylor at laura@wmswcd.org.

Do You Have An Awesome Idea?

What would YOU do with a \$1,000 grant? The Awesome Beaverton & Beyond trustees are looking to fund "small", interesting projects driven by a few passionate contributors that have the possibility of a "BIG" impact in Washington County. The next application deadline is Tuesday, September 13 at 11:59 pm. Four finalists will be invited to give a five-minute "Pitch" to the trustees on Tuesday, September 27, between 7-8 pm. The grant winner will receive \$1,000 at the public Awesome Hour on Tuesday, October 18, between 7-8 pm. Both activities will be held at Market of Choice, 250 NW Lost Springs Terrace. Learn more about Awesome Beaverton & Beyond by visiting awesomefoundation.org/en/chapters/Beaverton/!

Celebrating 40 Years of Connecting People, Books & Resources

In 1976, Washington County asked voters to approve the first countywide funding measure to support public library access for all residents. At that time, over half the population of Washington County did not have free, public library access.

The first countywide levy provided funding to allow the six cities (Beaverton, Cornelius, Forest Grove, Hillsboro, Sherwood and Tigard) with public libraries to freely open their doors to any county resident. Eva Calcagno, Director of the Washington County Cooperative Library Services (WCCLS) remarked, "it was fitting that in our nation's Bicentennial year, Washington County residents agreed to establish a free public library system, a cornerstone of our democracy, to guarantee that all residents would have open access to library resources for education, civic engagement and entertainment."

Explore with your Passport for great prizes!

September 10 – December 16

To celebrate 40 years of public access to the libraries, WCCLS invites residents to pick-up a commemorative Passport at their local library and collect a stamp at each library location they visit. The Passport Prize Drawing will be held on December 20. Prizes include: Apple iPad Air 2, Classic Film Series (4 tickets) at Sherwood Center for the Arts, Family Matinee Series (4 tickets) at Sherwood Center for the Arts, THPRD – Conestoga kids party for

10, Cultural Experience: Admission Passes for two to Pittock Mansion, Wine Tasting Experience for two to Blooming Hill Vineyard, and WCCLS Book Bag including a water bottle and commemorative 40th WCCLS Anniversary T-shirt.

More information, including WCCLS member library locations and hours, is available in the WCCLS Passport or at wccls.org/wccls40.

Oregon's Groundbreaking Legislation at the Museum

September 10- October 22

This traveling exhibit highlights groundbreaking legislation that Oregon has passed since statehood, either by legislative action or public initiative. "The Story of Oregon's Landmark Legislation" focuses on social, environmental, and land use issues like the Bottle Bill, the Oregon Forest Practices Act and the Aerosol Spray Ban.

Family Free Morning: Pioneer School!

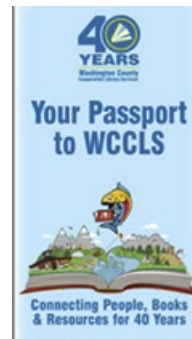
Saturday, September 10, 10 am-1 pm, Washington County Museum

Learn how early pioneer children experienced school. Guests can test their skills by grinding coffee, stacking wood, kneading dough, and playing games. Participants are also invited to complete a lesson on a slate and write with a quill & ink. Make a craft to take home. This event is free and open to the public. Free Family Mornings occur the second Saturday of each month, September- May from 10 am-1 pm. For more information [visit our website](#).

New Bethany Precinct serving North County

Open Monday- Friday 8:30 am-4:30 pm, 4876 NW Bethany Blvd.

The Washington County Sheriff's Office, in an effort to meet the needs of the rapidly growing communities in Northern Washington County, recently opened a new precinct in Bethany. The Bethany Precinct provides Enhanced Sheriff's Office Patrol District (ESPD) services to urban unincorporated areas north



of Highway 26, including Bethany, Cedar Mill, Oak Hills, Rock Creek, and Bonny Slope. The Bethany Precinct staffs a Lieutenant overseeing all precinct operations. Additionally it hosts several Sergeants who supervise road Deputies, evaluate crime trends, and address livability issues. At full staffing, the precinct will house 20 Deputies, a Community Outreach Specialist and two Administrative Specialists.

The following services are available at the Bethany Precinct: Employment fingerprinting for those individuals who are required to be fingerprinted for a job; Records requests; Station support; Prescription drug turn-in.

Feel free to stop in during business hours to say hi and introduce yourself. They always enjoy meeting and getting to know their area residents!

Washington County Forum

The Washington County Public Affairs Forum is back for the Fall season, featuring programs dealing with the 2016 elections. "In this, the Forum's sixtieth year, we are proud to bringing the important issues to the people of Washington County", said, Rob Solomon, Forum President.

The schedule is below. All candidates have been invited, but unless specifically noted, the listings indicate only who is running, not whether candidates have agreed to appear.

September 12: Candidates for House districts 29 and 33. Democrat Susan McLain of Forest Grove is seeking a second term in District 29; she is also the nominee of the Independent and Working Families parties. The Republican nominee is Juanita Lint of Forest Grove.

Democrat Mitch Greenlick of Portland, also the Independent Party nominee, is seeking an eighth term in District 33. John Verbeek is the Republican nominee.

September 19: Candidates for House District 24 & Candidates for Mayor of Hillsboro – All have been invited; and Mark Callahan, Republican Candidate for US Senate. The open District 24 seat has two candidates: Ken Moore of Yamhill, Democrat/Working Families, and Ron Noble of McMinnville, Republican/Independent. Steve Calloway and Aron Carleson are running to succeed Jerry Willey as Hillsboro mayor, a nonpartisan position.

September 26: Candidates for House District 30: the open District

30 seat has three candidates, all from Hillsboro: Janeen Sollman, Democrat/Working Families; Dan Mason, Republican/Independent, and Kyle Markley, Libertarian.

Also appearing is Bud Pierce of Salem, Republican nominee for governor. (Democratic incumbent Kate Brown was asked, but will not appear.) And we'll have a presentation on the November 8 ballot measure by the Tualatin Soil and Water Conservation District for a permanent tax rate at 9 cents per \$1,000 of assessed value.

October 3: Candidates for state treasurer, which has no incumbent running. Candidates are Tobias Read of Beaverton, Democrat; Jeff Gudman of Lake Oswego, Republican; Chris Telfer of Bend, Independent, and Chris Henry of Gladstone, Progressive.

The forum meets over lunch every Monday, September through June, (except holidays) at the Peppermill Restaurant in Aloha at 17455 SW Farmington Rd. There is no charge for admission! The doors open at 11:30 am and the speakers start at noon. Lunch is available to order from the menu. Following the speaker, there will be an opportunity for members to ask questions.

Asking questions of the speakers is a privilege of Forum membership. Need to renew your membership, or get one for the very first time? [Visit our website!](#)

WE Collaborate: Sunset High / Cedar Mill Library e-card

A great new service is available to Sunset High School students, thanks to a partnership between the Cedar Mill Library and Washington County Cooperative Library Services (WCCLS). Hundreds of students have signed up for e-cards to access electronic materials like e-books and databases at WCCLS. "The e-card allows them all the digital access now. If they want full access to physical books as well, they can take their card into a branch with their ID or a parent signature," says Colette Cassinelli, the Library Instructional Technology Teacher at Sunset HS.

The partnership came about through a discussion between Assistant Principal Chris Bick and Mark Richardson. Richardson has children who attend Sunset and also happens to be the Young Adult and Reference Librarian at Cedar

Library News and Events

By Dawn Anderson

Champion diversity with Banned Books Week
September 25-October 1

At the end of September, the Cedar Mill Library will feature popular and unexpected books that were banned or challenged. What are banned books? When someone makes an official request that a title be removed entirely from a school or public library, it becomes a "banned or challenged" book. Banned books include everything from *Where's Waldo* to works by Walt Whitman. And even widely accepted standards like the Bible and the Quran have been the targets of censorship. Challenges often cite age appropriateness or objectionable subject matter. It's easy to understand that not every book is appropriate for every reader. No one would read *The Diary of Anne Frank* to a toddler. But discussing it in a history class can deepen understanding of personal experiences during the Holocaust.

At Cedar Mill Library, we celebrate by encouraging you to check out the books that have proudly remained on our shelves despite challenges elsewhere. This year the spotlight is on diversity. In recent years, many of the most-challenged books have contained diverse content. This includes books that are by or about people of color, feature

LGBT characters or issues, include people with disabilities or mental illness, or deal with issues about religion. We believe that all voices deserve to be heard. So celebrate diversity and your freedom to read by reading Banned Books.

The Ukulaliens® Workshop: Childs Play for Grownups!
6:30 pm on Monday, October 3,
Cedar Mill Library second floor
Community Room

ukulalien: a newly converted ukulele player prone to singing and strumming on the ukulele, spurred to spontaneous acts of music and singing, both alone and with others, regardless of setting or circumstances, thereby creating a euphoric sense of wellbeing.

Musician-teachers, Kate Power & Steve Einhorn are former owners of Portland's historic music hub, Artichoke Music (1981-2006) The duo has traveled over 50,000 miles around the country in Johnny Appleseed fashion from town to town to practice "ukes-without-borders," introducing non-musicians to their musical sides by bringing ukes-to-share and showing them how to play the uke in a friendly, fun way.

This free workshop is designed for complete beginners and aimed at adults and older teens, age 16 and up. No registration is required but do come early. Seating and ukuleles available to use will be limited. If you have a ukulele of your own, please bring it with you!



access to WCCLS databases, but the system's e-books and audiobooks as well. Cassinelli says it provides so many more fiction options for students. "When you have 2,300 students in the school, and want to develop their fiction selection, this provides another avenue," she says. In addition to the e-card, kiosks are set up in the library at Sunset

to browse the Washington County resources.

"At WCCLS, we are excited about the possibility that many new students will learn about our e-book services," says Richardson. "It will be particularly useful for students who may not have technology or books at home." As a Future Ready School, this fall Sunset will be providing Chromebooks for every student enrolled, providing the technology to access the WCCLS system. Cedar Mill Library has purchased some of the same Chromebooks, to enable staff members to support students who may have questions while at the library.

While still in its infancy, the partnership is proving to be very popular. Other Beaverton schools have expressed interest in having the new e-cards for their students as well.

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Business News, continued from page 2
teaching experience in private schools.

The school has a few openings for Fall 2016 and they are currently accepting applications for Fall 2017. For more information or to schedule a tour, visit TheCornellSchool.com or email them at thecornellschool@gmail.com

Cornell Farm Garden Tour Sunday, September 11, 11am-4pm

Cornell Farm Nursery is so excited to be the lead sponsor of the Third Annual Portland Garden Tour benefitting the Ainsworth Elementary PTA! The tour features five of the most gorgeous gardens in the West Hills. Tickets are \$30 each and are available for purchase at Cornell Farm, or via the [tour website](http://tour.website).

Independent Progressive Advisors

Long-time Cedar Mill area resident and financial counselor Gail Parker is preparing to retire, and has been working to introduce her clients to her new partner, Ann Garcia, who also lives in the area. Like Gail, Ann is a fee-only (no sales of product, no commissions, just independent help with finances) financial advisor. Ann's two children go to Sunset.

Ann is a Certified Financial Planner, which denotes a comprehensive education in all aspects of financial planning, not just investment selection or management. "As NAPFA members," she says, "we are required to hold this designation. Earning the CFP credential is a rigorous process that includes education, a comprehensive (2 day) exam and 3 years of work experience as a financial advisor."



Ann explains, "NAPFA is the National Association of Personal Financial Advisors, of which we are members. As the name implies, it is a national organization; Gail started the local study group and now I run it, and that is how we met. As NAPFA advisors, we are fee-only and commit to being fiduciaries to

our clients."

Ann specializes in socially responsive investments, college financial aid, and retirement projections. And a potential client doesn't need to be wealthy to benefit from her advice. She says, "I've yet to meet anybody I couldn't help!"

For more information, visit Independent [Progressive Advisors'](http://ProgressiveAdvisors.com)



A common area at the new Ackerly

website, or call 971-279-7081.

Ackerly at Timberland open now

The Ackerly at Timberland is now open and residents have begun moving in and making themselves at home. Located in the Cedar Mill neighborhood across from Timberland Town Center, The Ackerly offers independent living, assisted living and memory care services as well as a variety of apartment styles from which to choose—from studios to large two-bedrooms over 1,250 square feet in size.

Local residents have been eagerly awaiting the opening of the community, with more than 100 people having joined the waitlist since early spring and 50 apartments already spoken for. The first residents—the Trailblazer Club—have enjoyed getting to know each other at exclusive events throughout the summer, making for an easy transition into the community.

The Ackerly is managed by Leisure Care, a Seattle-based company with more than 40 years' experience managing retirement communities and delivering top notch service in a fun and active environment. Indoor amenities include two restaurants, a pub, a fitness and wellness center, a game room, a

library, a theater, a tech center, and more. Outdoors, residents will enjoy beautifully landscaped grounds, bocce ball, walking trails, raised gardening beds, and a meditation area with fountain and fireplace.

Local residents are welcome to visit the community, though appointments are requested due to the high level of interest. A formal grand opening celebration is planned for Saturday, October 29. For more information visit ackerlyseniorliving.com or call (503) 350-3400 to schedule a personal tour. The facility is located at 11795 NW Cedar Falls Drive across from Timberland Town Center.

Yoga of Self Discovery

Saturday, September 24,
8:30 am-12:30 pm, 9995 NW
Cornell Rd., \$75 /

Through an exploration of personal, relational & spiritual development, this four-hour workshop will provide an opportunity to discover and explore clarity, authenticity, and confidence. Connecting you to your truth and highest potential, while creating possibility by accessing your personal gifts, Will and Brittany will guide you through a process of an all-levels Yoga practice, breath work, meditation, personal inquiry, self reflection, group learning and sharing.

Will Wiebe is an international executive, organizational leadership, and life strategist coach who is grounded in his intuitive gift for guiding and facilitating a holistic systems approach to effect positive change with individuals, teams and businesses. Will's background includes 12 years of coaching experience and is the founder and president of Thrivenow.coach. Will's greatest joy is helping others discover their greatest potential.

Brittany Montes is a yoga Teacher, massage therapist and cancer survivor who believes whole-heartedly in the power of healing and thriving through the holistic arts. Her experience includes six years of teaching yoga and is the founder and practitioner of True Bliss Massage Therapy. Her personal journey through healing stage 4 cancer taught her the powerful effects of Integrated Medicine. Brittany is currently finishing her studies at Marylhurst University in Integrated Healthcare.

For more information on the

session, please contact Brittany at Trueblissmassage@gmail.com.

Harmony and Health Massage

Time to take care of you! The kids have returned to their houses of learning, the tents and sleeping bags have been packed up, the house guests have returned to their own houses. It is time to jump-start your fall with a massage!

Cash in the gift certificate you received last winter, get back to a routine of self-care, or try something completely new! Turn over a new leaf this fall and see what you discover. Jennifer Hemmeyer has been licensed and practicing massage since 1998. She utilizes Swedish, deep tissue and shiatsu techniques for women.

Affordable too! One-hour massages for \$45. Email Jennifer at jhemmeyer1@gmail.com or call 503-705-8483 to purchase gift certificates or schedule an appointment. Please share with your friends and don't forget to like Harmony and Health Massage on Facebook!

Local author debuts new book

Jean Harkin has just published her book of short stories, *Night in Alcatraz: And Other Uncanny Tales*. A Monopoly player is transported to Alcatraz prison...a woman has a family reunion at a mummy exhibit in Portland...a murder mystery is awaiting a solution, and more!

Harkin has lived in the Cedar Mill/Rock Creek area since 2001. She is a member of The Writers' Mill group of "writers supporting writers" who meet every month at the Cedar Mill Library. She is a regular contributor to the annual Writers' Mill Journal, now preparing to publish their fifth volume.

The book is available online at Amazon and Barnes and Noble for \$7.99.

Sunset Yoga meditation

Monday-Friday, September 19-23,
6-7 am, Sunset Yoga Center, 12923
NW Cornell Rd #203, \$70

Have you ever wondered what your day would be like if you did meditation every morning? Here is your chance. This meditation immersion will help you start your meditation practice.

The meaning and expectation of meditation is different for each person. This practice of meditation will be reminding yourself to let go

of thoughts that are no longer serving you positively; let go of hurt that is held deep inside, and make your mind quiet enough to be able to get a different outlook, and your heart open to accept the positive.

Nuvana started studying yoga at the age of 51. Being brought up in India, she was blessed to receive training directly from the Iyengar family in Pune. She has been teaching yoga in India since 1998. She has experienced the benefits of yoga herself and teaches with deep understanding. Her teaching style is clear, youthful, direct and compassionate.

Open to all. Preregistration is required. Register early to make sure we can hold the class! [Visit the website](#) or call 503-539-4504 for more information.

Global Mala: 108 Sun Salutations for World Peace

Sunday, September 25, 12-2 pm, Bethany Village Fountain, 4876 NW Bethany Bl.

People around the world participate in this event of 108 Sun Salutations for World Peace. Usually observed around the time of the Fall/Vernal equinox, Global



Mala is an effort to create a synergy of energy for world peace.

Everyone is welcome, young or old, of all levels of ability. Whether you are one or 108, it doesn't matter. It's your intention and presence that is important. Join with your friends and community.

Maya Ceramics

Veronica Guzman is offering ceramics, painting and art workshops for adults and kids (six and older, five-year-olds can be on the adult/parent workshop). Her class includes all the materials, firing pieces, guidance to do your project, and artist demos. You can learn wonderful ways to build things with clay or how to paint.

She also does painting nights events. The schedules are flexible, but she needs a minimum of four people to open a class.

For September she is planning to have a group class on Mondays, 6-7:30 pm and Wednesdays 4:30-6:30 pm. She will also create a class for your group of four or more. For

more information, email veroguz-mandavalos@gmail.com or visit veronicaguzman.com

Sunset CU supports Family Promise

Did you know that the Beaverton School District has the highest number of homeless students in the state? That's why Sunset Credit Union has teamed up with 'Family Promise of Beaverton' to provide assistance to Beaverton School District students and their families who are experiencing homelessness.

Family Promise is a non-profit organization with a mission of providing temporary housing for families who have found themselves in a homeless situation. With a motto of, "Not a handout but a helping hand up," the program has been assisting families all across the nation. The organization is now opening up to Beaverton School District families who have found themselves in a homeless situation.

"We have a great opportunity to help our neighbors who—for whatever reason—are experiencing homelessness," said Sunset's CEO, Rhonda Baggarley. "Last year there were more than 1,390 Beaverton

School District students who had no place to call home. I know it appears to be a daunting task, but I think with the help of Cedar Mill businesses and residents, we can make a positive impact and transform the lives of many children and their families."

The credit union has set up a Family Promise fund to collect money which will be used to provide food, school supplies, and temporary shelter for these families. If you'd like to donate or learn more about Family Promise of Beaverton, stop by Sunset Credit Union, 1100 NW Murray Blvd., #200 or give them a call at 503-643-1335.

Sunset Credit Union serves anyone who lives, works, worships or attends school in Washington County. Visit sspfcu.com to learn more.

Hoffman Academy's New Teacher

Hoffman Academy welcomes new piano teachers! Stephanie Kitson joined them earlier this summer and is a voice and piano instructor. Matt Sazima is their newest hire and comes to them from California where he earned his MFA in Jazz Keyboard at California Institute of the Arts. He is a jazz pianist and enjoys improvising

and playing in jam sessions. Matt also had the opportunity to teach and lead workshops at the Kathmandu Jazz Conservatory in Nepal. He has taught private piano lessons for several years and also has experience teaching in group settings. Matt and Stephanie are now accepting private and partner lessons for students 5 years through adult.

Hoffman Academy also offers guitar and voice lessons. They are still accepting students for the fall semester. They even have a chorus for children ages 6-10! To learn more about their offerings, [visit their website](#), or give them a call at 503-336-3121.

Garage Sale at Skyline Grange: "Everything & The Kitchen Sink"

Friday-Saturday, September 30-October 1, 9-5 at the Skyline Grange Hall, 11275 NW Skyline Blvd (0.1 miles west of Newberry Rd or 1.5 miles east of NW Cornelius Pass Rd)

Lots of donations from our colorful, semi-rural Skyline neighborhood make for a truly unique sale. We strive to offer clean, functioning items. Great prices for a good cause. The sale is a fundraiser for Skyline Grange.

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