



Cedar Mill News

Volume 9, Issue 8

August 2011

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Featured Business

All of them!

By Virginia Bruce

This month, we're bringing you a business map of Cedar Mill's downtown area to help you find local places to get the goods and services you need. Our centerfold includes most of the "bricks and mortar" businesses in the area. We attempted to contact everyone, and although we missed a few, we hope you'll find this map and directory helpful when you shop locally. We plan to make this an annual feature of the August issue, so if we missed your business this year, be sure to let us know and we'll include you next year.

Whether the price of gas goes up or down, there are a lot of great reasons to patronize nearby businesses. Less running around town saves you time and the stress of dealing with traffic and parking—no parking meters in Cedar Mill!

In addition, local businesses employ more local people, whether they are small locally-run companies or a part of a larger chain. And the taxes they pay stay in the county to build our sidewalks and pay our sheriff deputies.

It's much easier to get to know the local folks, too. They like working here, and they're glad to form lasting relationships with customers that lead to greater satisfaction and better service. Special orders? For

our neighbors, sure!

In addition to the map printed on pages 6-7, we have been busy updating the online Cedar Mill Business Directory (cedarmill.org/biz). It is separated by category, and includes links to email and websites so you can check out the businesses before you go.

The listings on the front and back of the map are color-coded by area to match the building colors, and numbered to help you find the business on the map. Additional copies of the map alone will be available at all our usual News outlets. If you want extra copies, please email me at info@cedarmillnews.com.

This project was made possible with the help of a team of talented, diligent and dedicated Sunset High students. Ashaen Patel has done most of the website directory work. Nicole Hagel designed the map, and Marita Sailor put the names and numbers on it. Those three, along with Jasmine Kim, fanned out through the downtown area with forms to collect the information. The revenue from the logos on the map and the ads on the back will go toward paying them for their time. These student interns plan to continue to work on the News, as their schedule allows, throughout the coming school year. We're all very excited about this issue and the ongoing partnership!

Where's the Cedar Mill Falls boardwalk?

By Virginia Bruce

Ever since early 2005, after Polygon Homes began to develop the former Teufel Nursery acreage, residents have been anticipating improved access to Cedar Mill Falls. The portion of Cedar Mill Creek adjacent to the development, including the falls, was part of the land purchase. Instead of paying a System Development Charge (SDC) to Tualatin Hills Park & Recreation District (THPRD), Polygon proposed developing an overlook boardwalk, a trail system and park improvements and then donating them to the park district. (SDCs help pay service providers for the impact to their systems brought about by new residents.)

When the recession hit, Polygon suffered along with everyone else. The planned commercial development along Barnes has yet to materialize. But plans for the boardwalk seemed to be coming along. In early 2010, boardwalk development was promised for the fall. The design was completed and a manufacturer was selected. We anticipated celebrating the opening at the 2010 Cider Festival in October.

However, because the boardwalk will cross a wetland, apparently there were delays in getting ap-



This steep and slippery path just south of Cornell is the only way to see the falls now.

proval from Clean Water Services, the agency that protects our water resources. According to Matt Kilmartin, THPRD's Park Planner in charge of the project, the Service Provider Letter from CWS was finally available in March 2011. But for some reason, Polygon's consultant MGH Associates didn't receive that notice until June.

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A beaver dam in Jordan Park!

By Virginia Bruce

Jordan Park is an amazing slice of native forest in our midst. Wooded slopes surround Cedar Mill Creek as it runs southwest on its way to Cedar Mill Falls. Unimproved dirt trails provide a pleasant hike through the woods and down to the stream. The park entrance is at the north end of 107th.

On a recent walk with my dog, I was surprised to see that the water seemed to be backing up instead of running freely. Just downstream from a series of bends, the



beavers' structure was holding back the water.

Julie Reilly, Natural Resources & Trails Specialist for THPRD, says that the beavers' presence in the park doesn't necessarily indicate a healthy ecosystem, but, "It indicates that the stream is fairly narrow, low gradient, and there's plenty of beaver food around. Beavers can increase the

health of an ecosystem by providing water storage, rearing habitat for fish and aquatic invertebrates, and increasing ground water levels."

She continues, "Visitors to the park won't disturb the beavers unless they are chased by dogs. Even then, beavers dive down under the water. Beavers are nocturnal and don't come out of their dens/lodges until at least 4 pm, often later. The dams are intended to hold back water. Beavers do not live in the dam. Beavers build large conical structures called lodges, with entries under water, for living and rearing their kits. Sometimes beavers live in the banks of streams rather than in lodges.

Cedar Mill Business News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Thanks to student intern Haley Tilt for writing up this month's Business News!

Second Edition clearance sale

Wednesday, August 17th is National Thrift Shop Day, so celebrate by supporting the store that supports your library! Second Edition Resale Shop is having their twice-a-year clearance sale. The shop benefits the Cedar Mill Community Library and its Bethany Branch by selling gently-used and sometimes new items donated from the community. The clearance sale will allow them to move all summer clothing out, clean the shop from top to bottom, and restock it with fall fashions and back to school apparel. The sale schedule follows:
 Aug.5-7: 25% off
 Aug.8-11: 50% off
 Aug.12: 75% off
 Aug.13: Bag Sale from 10-2pm, \$7/bag
 Aug.13: closed
 Aug.14: open at noon for Back to School Shopping

The library and Second Edition are deeply appreciative of their generous donors and loyal customers. They invite everyone who is new to the area or has never been into the shop to stop by. Second Edition is located at 12505 Northwest Cornell Road next to the Cedar Mill Library.

Libertine Deli provides breakfast/lunch catering

The Libertine Deli now offers a competitively priced, healthy breakfast and lunch catering menu. Breakfasts feature pastries and seasonal fruit platters, yogurt parfait, and a three-cheese quiche. For individual lunches they offer

sandwich and salad boxes, which will be available for pickup from 10-4:30 pm, Monday-Friday. They hope to connect with individuals as well as business owners. They also offer delivery for a small fee. You can contact owner Melissa Benjamin at 503.626.6063 or at www.libertinedeli.com.

The deli will be closed during most of the month of August to allow Melissa to tackle her very busy catering schedule, including the lunchboxes and several large events. It will be re-opening next month with a few changes.

Village Gallery News

The Group show for August in the Village Gallery is themed "Summertime Blues" with the featured artist of the month Marcia Petty. Marcia works in mixed media, aiming to find inspiration in daily life experiences. The public is invited to an artist's reception on August 13th from 1-4 pm, where Marcia's works will be on display as well as arts and crafts from other member artists.

In August the Gallery offers some new classes for adults and youth. Up-cycle your failed paintings with Shelley Lebel's Ugly Art Workshop on Friday, August 19th from 10-2 pm. Turn your ugly art into something beautiful!

The Gallery is open Tuesday-Saturday from 1-4 pm and Sunday from noon to 4 pm. The gallery is next to the Cedar Mill Library at 12505 NW Cornell Rd. Contact them at 503.644.8001 or stop by to register for classes.

UPS Store® Network equips small businesses with tools to succeed

As of July 18, the UPS Store® network announced that it will launch a Facebook contest called "The Promotion Promotion," designed to arm small business owners with tools and resources to promote their business. The grand prize winner will receive an inte-

grated marketing campaign valued up to \$50,000. Doner, The UPS Store network's advertising agency of record, will work with the grand prize winner to examine the business' needs, develop a marketing plan, produce "creative" and run it in appropriate media. Small business owners can enter the contest by visiting The UPS Store corporate Facebook page. The contest runs through August 31, when submissions will be evaluated by a panel of experts, and the winner will be chosen based on the contestant's passion for small business. The Promotion Promotion sweepstakes will also award up to \$3,000 in weekly prizes, available online.

In addition, The UPS Store network will offer Facebook-only coupons for discounts on business-related services at participating The UPS Store franchise loca-

tune-up through September 30. For \$60, they will clean up your computer, make sure your Windows updates are current, check your antivirus to make sure it is running properly and is current. This special is good only for pickup and drop-off, no in-home work. Contact Electronics Unlimited at 503.848.9191.

Yoga for the carefree and care-worn

For parents who may be looking for fun, kid-friendly activities in August, Santosha Yoga in Bethany Village is running a special five-week session. They offer family yoga (parent + kids ages 2-5) on Wednesdays at 10:30 am, beginning kids (ages 5-7) on Tuesdays at 4 pm, and Zen Kids (ages 8-12) on Mondays at 4 pm. Santosha has priced their classes five for the price of four, so that if families head out for a week of vacation they will still receive a great value.

Also, though most of us can easily accelerate from zero to sixty in a heartbeat, it's difficult to "decelerate" from sixty to zero just as fast. For those who want to learn how to "excavate" tension from their bodies, Santosha is bringing in special guest Maura Barclay from out of town for a special workshop. A person needs no yoga experience for this workshop in Therapy Ball Massage and Conscious Relaxation, which is scheduled for Sunday, August 21 and is open to the general public. Find out more or contact the yoga studio at www.santoshaforeverybody.com.

A new smile in dentistry

World of Smiles, Pediatric Dentistry would like to welcome Dr. Michelle Kurkowski, DDS as their new Associate Dentist! Dr. Kurkowski (Dr. 'K' to her patients!) joined the World of Smiles team July 25th, and adds her training as a Board Certified Pediatric Dentist with an extensive background working with children who have special needs. The World of Smiles team has a strong commitment to their community, and you can find their staff at the Cedar Mill Concert in the Park, August 4th and again at Walk Now for Autism Speaks Portland, August 27th. Find out

Continued on page 10



tions. Starting the second week, fans choose the next week's offer by crowd-sourcing via Facebook Questions.

The UPS Store centers help with the logistics of running a small business, and as a franchise, is proud to support small business. For more information on The UPS Store products or services, visit them at 10940 SW Barnes Rd. in Peterkort Towne Square mall or call 503.646.9999.

Electronics Unlimited offers back to school computer tune-up

Is your family starting to get ready for school in the fall? Now is the time to get your students' desktop or laptop ready for school. Preventative maintenance will save time and money in the long run.

Electronics Unlimited is offering a back to school student computer

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Jackie Husen Park dedication August 10

The small neighborhood park at 10955 NW Reeves Street, just east of 113th (the northern extension of Cedar Hills Bl.) is complete and ready to serve our community. The design of the park is both beautiful and useful, with a walking/jogging trail around a lawn, an imaginative play area, and most exciting—a picnic shelter! Now we'll have a place to have a barbecue picnic even when the weather is iffy!

The park is landscaped with a variety of native plants. An unimproved trail currently leads into our

woodland treasure, Jordan Park, to the north. Work is scheduled next spring to make a trail segment into that park that will be partially accessible for handicapped users.

Join THPRD in welcoming this new park into the community on Wednesday, August 10 from 6-7:30 pm. They'll be grilling up hot dogs to serve with chips and soft drinks. Prizes and information about the district's other offerings along with the RecMobile and the Nature Mobile will be on hand to keep everyone busy.

Food collection at August Flea Market, August 20 Farmers Market

While we often think of donating food and other items during the holiday season, people are in need of food aid all year long. Several Washington County Farmers' Markets, including THPRD's Cedar Mill Farmers Market, are pooling resources to maximize returns for a Summer Food Drive to benefit the Tualatin Valley Gleaners, which is a partner organization of the Oregon Food Bank. Once the Blues Festival food drive is over, there's a long dry spell for food donation drives. They'll be collecting both fresh and packaged food at the August 20 session.

To contribute to that effort, food will be collected in the dining area of the Grange Hall during the August 6 Flea Market, 10 am-4 pm. Canned and packaged food is fine.

Legislative Town Hall August 13

Our State Representative Mitch Greenlick, and our State Senator Suzanne Bonamici, will hold a Town Hall meeting on Saturday, August 13 at 10 am at the Leedy Grange Hall, 835 NW Saltzman. They will discuss the recent legislative session and are glad to hear from constituents about issues that need legislative attention.

New apartment buildings on Murray

The construction project that's been progressing on the east side of Murray Bl., just north of the Sunset Highway exit, will be a 20-unit multi-family housing development consisting of two apartment buildings with associated parking. Sorry to those who were wishing for a restaurant, that lot is zoned residential!

Other items in demand include condiments such as mayonnaise, ketchup, soy sauce, syrup, and of course protein foods such as canned tuna, chicken, and other meats. Also, deodorant, diapers, shampoo, shaving cream, and so forth are happily collected and distributed by the Food Bank.

The Food Bank accepts and encourages donations of pet food as well. Sometimes food insecurity strikes and families have to choose between feeding themselves well and feeding a beloved family pet, or giving up that pet. Donations of dog and cat food are very welcome and gladly distributed by the Oregon Food Bank.

Walgreen's moving?

Rumors have been abounding about Walgreen's plans to move their store to the west. All that is known for sure is that the corporation has purchased the eastern half of the shopping center on the south side of Cornell west of Murray. Tenants are now paying rent to the corporation, and several are making plans to relocate.

Current plans call for Mazatlan to take over the Rococo restaurant space, with the bar staying in its present location. Westside Music is in the process of securing space in a nearby office park. Other businesses in the complex may have plans but we haven't heard of them.

One rumor has the new store being a two-story structure with parking, and a prescription drive-up window. Some speculate that it may be a 24-hour business.

Corporate representatives are not discussing their plans, so stay tuned to find out something better than these rumors!

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St Pius X ESL Program

By Fernando Galindo

The English as a Second Language (ESL) program at St. Pius X Catholic Church began in the fall of 2000, under the coordination of Mary H. Sackhoff, with a group of more than 40 volunteer parishioners. They quickly saw the need for our Latino parishioners to learn English. The popular program began with 50 students the first year.

Presently, the program serves up to 200 students annually from many different countries: Latino or Hispanic from Mexico, Nicaragua, Guatemala, Colombia, and Peru, along with people from Korea, Japan, South Africa, and Iran.

The program is sponsored by our parish and has evolved into a fully-functioning, English as a Second Language program, equal to any being taught at local colleges.

The purpose of the program is to help immigrants learn our language to enrich their lives in our country and to perform better at their workplace. We have developed a curriculum for levels ranging from Basic Beginning English to Advanced Reading and Writing.

As Catholics, we are called to bring about "Social Justice" in our community, by helping those in need to become more confident and able to provide for themselves, without requiring a handout from others to be able to succeed.

The ESL program is not limited to St. Pius X parishioners—it's open to the local community as well. It is a perfect program for community outreach and social justice. Just by word of mouth, we are well known regionally. Rock Creek Community College refers students to our program when they do not have enough space.

Volunteers are needed to teach or assist in our ESL program. Speaking a language other than English is not required, nor is a teaching background necessary.

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A desire to teach basic English to non-English-speaking adults is the primary requirement. We provide textbooks, and a teacher's orientation program scheduled for August 13 from 9-11 am is required for new volunteers. Adult students attend classes on Tuesday and Thursday evenings from 7-8:30 pm. Volunteers need only to select one evening to teach or assist. Classes begin September 6, 2011 and will end in March 2012.

We are located at 1280 NW Saltzman Rd. For more information or to become a volunteer, please email Dolores Colombo at deeted@comcast.net or Fernando Galindo at 503-644-5264 X126, fgalindo@stpiusx-pdx.org

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- 103 The Muttley Crew
806 NW Murray
503-626-8212
- 18 Davies Dog Salon
12505 NW Cornell
503-646-6613

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- 40 Cedar Mill Cleaners
419 NW Saltzman
- 137 Daisy Cleaners & Laundry
1105 NW Murray
503-644-4070

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- 7 Cornell Cobblers
Boot & Shoe Repair
12595 NW Cornell
503-643-7173

Laundromats

- 19 Cedar Mill Coin Wash
12505 NW Cornell
503 789 3435

Alterations/Mending

- 17 Madhatter Alterations
12505 NW Cornell
503-643-3772

Beauty & Barber**Beauty/Hair/Nails**

- 26 Salon 503
12505 NW Cornell
503-644-5161
- 2 David Allan's Beauty Salon
12675 NW Cornell
503-644-5101
- 91 Tint Hair Studio
12923 NW Cornell
503-627-0606
- 102 Seven Stars Salon
800 NW Murray Blvd
503-574-4211
- 100 Acme Tattoo
765 NW Joy Ave.
503-643-8917
- 38 Silhouette Salon
495 NW Saltzman
503-319-1992
- 79 Bel Amici Salon
13305 NW Cornell
- 136 Van Nail Salon
13591 NW Cornell Road
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- 123 Lan's Nails & Skin Care



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- 151 Red Lotus Skincare Salon
13765 NW Cornell
503 643 8100
- 20 Al's Barber Shop
12505 NW Cornell
503-644-9329

Public Services**Libraries, Schools, Instruction**

- 12 Cedar Mill Community Library
12505 NW Cornell
503-644-0043
- 6 Leedy Grange
835 NW Saltzman
503-803-1813
- 82 Mathnasium
12965 NW Cornell
971-732-5155

Churches

- 164 Sunset Presbyterian Church
14986 NW Cornell .
503-292-9293
- 10 Christ United Methodist Church
12755 NW Dogwood
503-646-1598
- 11 St Pius X Catholic Church
1280 NW Saltzman .
503-644-5264
- 153 Prince of Peace Lutheran Church & School
14175 Northwest Cornell
503-645-1211
- 30 Cedar Mill Bible Church
12208 NW Cornell
503-644-3156

Automotive Services**Gas Stations**

- 99 Cedar Mill Shell
12805 NW Cornell
503-643-2567
- 130 Chevron
13675 NW Cornell
503-643-2174
- 166 Arco/AM-PM
15320 NW Cornell

Service & Repair

- 33 Expresso Lube
12750 NW Cornell
- 111 Fix Auto Sunset
13645 NW Science Park Dr
503-646-3368



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Parts

- 24 Mike's Auto Parts
12505 NW Cornell
503-646-0623
- 116 Auto Zone
852 NW Murray
503-350-1785

Car Wash

- 33 Expresso Lube
12750 NW Cornell
- 163 Kaady Carwash
14740 NW Cornell
503-645-8661

Industrial & Business Services**Printing & Copying**

- 39 Mailboxes and More
515 N.W. Saltzman
503-644-8504

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1070 NW Murray
503-643-2300

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- 147 HR Support, Inc.
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503-493-3647

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- 69 Team Web Website Design
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1100 NW Murray
503-803-1813

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- 39 Mailboxes and More
515 N.W. Saltzman
503-644-8504
- 133 Pony Express
13607 N.W. Cornell
503-641-8829

Other

- 60 Cedar Mill Rentals
12700 NW Barnes
503-644-9101
- 145 Peregrin Financial Technologies
1225 NW Murray
503-690-1111
- 25 Pacific Agricultural Lab
12505 NW Cornell
- 56 Public Storage
11995 SW Corby Dr 97225
- 34 Portrait Wonders
603 NW Saltzman
503-641-3939

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- 80 Urgent Care
13305 NW Cornell
503-646-8500
- 54 Pediatric Urgent Care
11790 SW Barnes, Bldg A, Suite 140
503-643-2100

- 13305 NW Cornell,
503-644-5433
- 92 Nathan J. Tanner, DMD
12889 NW Cornell
503-643-6643
- 95 Barry O Evans, DDS
12887 NW Cornell
503-644-3105

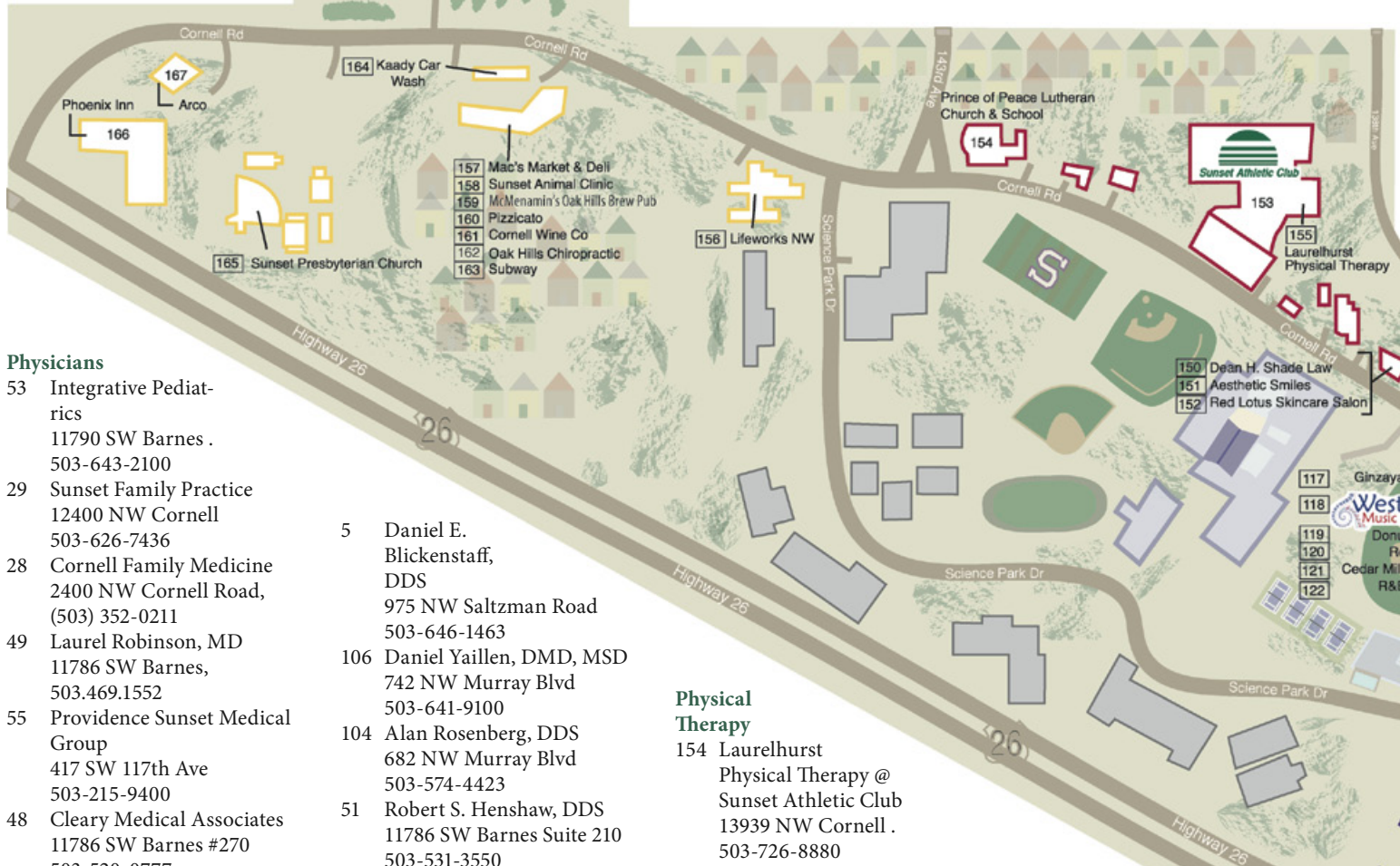
- 503-643-2225
- 83 Karen A Wager, Chiropractic
12961 NW Cornell
503-626-9311
- 161 Oak Hills Chiropractic
14740 NW Cornell
- Massage Therapy**
- 143 Angelic Healing Hands Massage Therapy
1225 NW Murray .
503-644-6109
- 87 Cedar Mill Chiropractic
12923 NW Cornell
503-646-3393

Pharmacies

- 15 Walgreen's Pharmacy
12505 NW Cornell
503-643-8522
- 140 Safeway Pharmacy
13485 NW Cornell
503-350-2086

Alternative Medicine

- 146 Cedar Mill Acupuncture Clinic
1225 NW Murray
503-841-2000
- 50 Melissa Shays, ND, Lac
11786 SW Barnes,
503.469.1552



Physicians

- 53 Integrative Pediatrics
11790 SW Barnes .
503-643-2100
- 29 Sunset Family Practice
12400 NW Cornell
503-626-7436
- 28 Cornell Family Medicine
2400 NW Cornell Road,
(503) 352-0211
- 49 Laurel Robinson, MD
11786 SW Barnes,
503.469.1552
- 55 Providence Sunset Medical Group
417 SW 117th Ave
503-215-9400
- 48 Cleary Medical Associates
11786 SW Barnes #270
503-520-0777

- 5 Daniel E. Blickenstaff, DDS
975 NW Saltzman Road
503-646-1463
- 106 Daniel Yaillen, DMD, MSD
742 NW Murray Blvd
503-641-9100
- 104 Alan Rosenberg, DDS
682 NW Murray Blvd
503-574-4423
- 51 Robert S. Henshaw, DDS
11786 SW Barnes Suite 210
503-531-3550
- 93 Fred J Kreutzer, DDS
12889 NW Cornell
503-643-6643
- 108 Victor A. Schwartz, DDS
662 NW Murray #6
503-641-7165

Dentists

- 150 Aesthetic Smiles
13765 NW Cornell .
503-643-9855
- 94 Randall Freed, DDS
12887 NW Cornell
503-646-9687
- 96 Goodwin & Leroy DDS
12885 NW Cornell
503-646-3200
- 52 World of Smiles Pediatric Dentistry
11790 SW Barnes
503-626-9700
- 78 LifeSmile Dental Group

Chiropractic

- 87 Cedar Mill Chiropractic
12923 NW Cornell
503-646-3393
- 73 West Hills Chiropractic
1070 NW Murray
503-644-5100
- 57 Sunset Chiropractic
11500 SW Corby Dr

Physical Therapy

- 154 Laurelhurst Physical Therapy @ Sunset Athletic Club
13939 NW Cornell .
503-726-8880

In-Home Care

- 144 Comfort Keepers
1225 NW Murray . Suite 101
(503)643-2010
- 98 Right at Home
12847 NW Cornell
503-574-3674

Counseling Services

- 148 McGovern & Associates
1225 NW Murray #214
503-644-6600
- 155 Lifeworks NW
14600 Northwest Cornell Road,
503-645-9010

- 89 Points of Tranquility Acupuncture
12923 NW Cornell
503-520-1270

Vision

- 84 Cornell Eyecare Group
12955 NW Cornell
503-643-5556
- 105 Cedar Mill Vision Center
660 NW Murray
503-646-6166

Athletic Clubs & Instruction

- 152 Sunset Athletic Club
13939 NW Cornell.
503-645-3535
- 90 Sunset Yoga Center
12923 NW Cornell.
503-539-4504

Pet Health

- 61 Cedar Mill Veterinary Hospital
12790 NW Barnes
503-644-3101
- 157 Sunset Animal Clinic/Animal Cancer Clinic
14740 NW Cornell
503-690-8249

Food & Dining**Grocery Stores**

- 1 Bales Marketplace
2675 NW Cornell
503-646-9635
- 139 Safeway
13485 NW Cornell
503-350-2080
- 9 7-eleven Store
12595 NW Cornell

- 167 Dinihanian's Farm Market /Your CSA
15005 NW Cornell
- 156 Mac's Markets & Deli
14740 NW Cornell
503-690-0309

Specialty Food, Deli, Coffee

- 16 Libertine Deli
12505 NW Cornell
503-317-3229
- 121 Cedar Mill Liquor Store
13528 NW Cornell
503-626-2611
- 101 Poppa's Haven Coffee House
800 A NW Murray Blvd
503-626-0700
- 132 The Gelato and Yogurt Lounge
13611 NW Cornell.
503-469-4500
- 119 Donuts Plus
13500 NW Cornell
503-644-2168
- 135 Doty's
13593 NW Cornell
503-229-5058

Fast Food

- 142 McDonald's Restaurant
13459 NW Cornell

- 46 Subway Sandwich Shop
455 NW Saltzman
503-644-0690
- 159 Pizzicato Gourmet Pizza
14740 NW Cornell
503-531-8989
- 126 Bandito Taco
13565 NW Cornell
503-643-2304
- 8 Papa Murphy's Pizza
12595 NW Cornell.
503-672-7272
- 43 Pizza Schmizza
405 NW Saltzman.
503-924-3645
- 74 Papa John's Pizza
1050 NW Murray Blvd
503-469-8282
- 109 Taco Bell
13480 NW Science Park Dr.
503-350-0302
- 115 Kauai Island Grill
811 NW Murray
503-643-4820
- 42 Teriyaki Beef Bowl
421 NW Saltzman.
503-641-6135
- 138 Quizno's Sandwich Restaurant
13551 NW Cornell
503-641-7549

Dining

- 58 The Grapevine
11525 SW Barnes
503-597-0300
- 37 Bleacher's Grill & Pub
575 NW Saltzman
503-643-1711
- 129 Shari's
Sunset Mall (Safeway)
503-646-7862
- 134 Ichiban Restaurant
13599 NW Cornell
503-641-0331
- 41 China Rim
455 NW Saltzman
503-626-8883
- 128 Wan Q Restaurant
13535 NW Cornell
503-644-0003
- 65 Chiam Restaurant
12890 NW Cornell
503-646-5126
- 117 Ginzaya Sushi & Grill
13480 NW Cornell
503-643-9789
- 45 Si Señor
625 NW Saltzman
503-672-9124



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Marita Sailor

Online directory updated by
Ashaen Patel

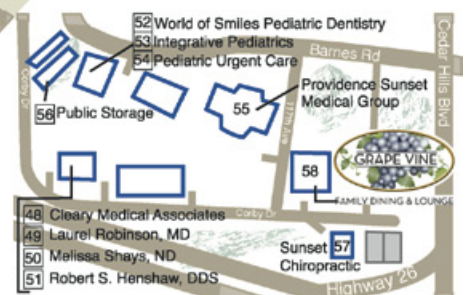
see cedarmill.org/biz

- 125 Cedar Mill Farmers' Market
Safeway Parking Lot
8-1 Saturdays May - October
- 85 Pars International Market
12923 NW Cornell Road
503-350-2300

- 44 Dairy Queen Brazilier
635 NW Saltzman
503-626-7572
- 162 Subway Sandwich Shop
14740 NW Cornell,
503-617-4834

Catering

- 1 Bale's Thriftway
12675 NW Cornell
503-627-0162
- 16 Libertine Deli
12505 NW Cornell
503-317-3229



Bars & Alcoholic Beverages

- 58 The Grapevine
11525 SW Barnes
503-597-0300
- 37 Bleacher's Grill & Pub
575 NW Saltzman
503-643-1711
- 158 McMenamin's Oak Hills Brew Pub
14740 NW Cornell, #80
503-645-0286
- 121 Cedar Mill Liquor
13528 NW Cornell
503-626-2611
- 124 The Wine Cellar
13486-A NW Cornell Road
503-643-5655

Entertainment & Sports**Athletic Clubs & Instruction**

- 152 Sunset Athletic Club
13939 NW Cornell.
503-645-3535

Music

- 118 Westside Music School
13486 NW Cornell
503-626-7181
- 122 R & B Music
13530 NW Cornell.

Schools & Instruction

- 13 The Village Gallery of Arts
12505 NW Cornell Road
503-644-8001

- 97 Sultanov Russian Ballet Academy
12849 NW Cornell.
503-575-5659

Home & Garden**Building Supplies**

- 75 Miller Paint
1040 NW Murray
503-574-4411
- 110 Home Depot
13700 NW Science Park Dr.
503-646-1525
- 112 Parr Cabinet Outlet
13535 NW Science Park Dr
503-941-7150
- 23 Cedar Mill Ace Haware
12505 NW Cornell.
503-672-9489
- 113 Paulson's Floor Covering
13545 NW Science Park Dr.
503-350-2367
- 60 Cedar Mill Lumber
12700 NW Barnes
503-644-9101

Home Repair and Construction

- 81 A Cut Above Exteriors/ Re-
newal by Andersen Windows
12985 NW Cornell
503-643-1121

Garden Supplies

- 68 Apollo Pools Inc
13306 NW Cornell
503-644-0556
- 110 Home Depot
13700 NW Science Park Dr.
503-646-1525
- 23 Cedar Mill Ace Haware
12505 NW Cornell.
503-672-9489
- 60 Cedar Mill Rentals
12700 NW Barnes
503-644-9101

Garden Services

- 63 Irrigation Management Sys-
tems Inc.
12840 NW Cornell Road
503-643-6605

Landscape Design

- 62 Hal Beighley and Associates
12840 NW Cornell.
503-643-4796

Money & Legal**Banks**

- 27 U. S. Bank
12550 NW Cornell Road
503-643-8365
- 31 Bank of America
12600 NW Cornell
503-275-2222
- 114 Key Bank
805 NW Murray
503-790-7693
- 141 Wells Fargo Bank
13485 NW Cornell
503 672 9235
- 70 Sunset Credit Union
1100 NW Murray.
643-1335

Financial Planners

- 88 Edwa Jones Investments
12923 NW Cornell
503-644-5104
- 131 Edwa Jones Investments
13635 NW Cornell
503-644-1408

Accountants & Bookkeepers

- 21 Alan S. Levine CPA, PC
12505 NW Cornell
503-626-6638
- 76 Pacific Northwest Tax Service
13405 NW Cornell.
503-646-5600
- 72 Countryside Accounting
1070 NW Murray
503-626-8100

Attorneys & Legal Services

- 149 Dean H. Shade
Law
13765 NW Cornell.
503-644-5539
- 59 Smith-Hill & Bedell
12670 NW Barnes
503-227-6535

Insurance

- 86 American Family Insurance
12923 NW Cornell
503-312-4752
- 32 Peninsula Insurance Co
12700 NW Cornell
503-644-5333
- 22 Allstate Insurance
12505 NW Cornell
503-641-5464
- 64 State Farm Insurance
12860 NW Cornell
503-646-5920

Retail & Shopping**Electronic & Computer**

- 77 Cedar Mill Home Theater
13405 NW Cornell.
503-626-2435

Clothing

- 36 Baby & Me
1259-B NW Saltzman
503-646-2021
- 14 Second Edition Resale Shop
12505 NW Cornell Road
503-644-6395
- 35 Rock it Resell
12640 NW Cornell
503-641-3150

General Merchandise

- 15 Walgreen's
12505 NW Cornell
503-643-8522

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Boardwalk, continued from page 1

The former Teufel property was annexed into Beaverton when the property was bought. So now MGH is submitting plans to the city for design review. By the time that process is complete, it will be too late to begin building this year, because grading can't be done near a stream in wet weather.

So if all goes well, the

boardwalk and overlook will be built beginning next spring. We can only hope!



Even during the dry season, Cedar Mill Falls is worth the trip if you can negotiate the trail.

119th sidewalk

People have been asking about the progress on the sidewalk planned for the west side of 119th from Cornell to McDaniel. Because it will be a full concrete sidewalk, with buried culverts, curbs and other engineering challenges, the project is on schedule, but will not be completed until late summer 2012.

Matt Costigan, Senior Project Manager for Washington County Land Use and Transportation, says the project is nearing "60% design," which is the first of several design reviews. "We have the preferred layout with new storm pipe, structures, and sidewalk locations identified, as well as right-of-way (ROW) needs. From here we continue to move forward refining the design toward a complete set of construction documents."

The county already owns some of the ROW needed for the sidewalk, but not all of it. Once those additional ROW needs are determined, independent appraisers will be hired to set the value of the land so that offers can be made to the affected landowners. The Board

of Commissioners approved a "Declaration of Necessity" on August 2, which gives staff the authority to begin the process.

The project will go out for construction bidding early next year, with construction next spring through summer.

The roadside ditches currently carry stormwater, so Clean Water Services has to approve plans for storm water culverts. Costigan says they are working through some issues as is usual with this type of project.

The estimated \$1.5 million needed to complete the project comes from the general Major Streets Transportation Improvement Project (MSTIP) funds allocated for bike and pedestrian projects. For more information about the project, and to keep up with the schedule and updates, visit the county's project website.

<http://www.co.washington.or.us/UTsorptionProjects/119th-ave-nue-sidewalk.cfm?page=About>

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Paladan Elementary School

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Business News, continued from page 2
more about their doctors and staff
at www.visitworldofsmiles.com,
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11790 SW Barnes Rd, Suite 280.

Mike's Auto Parts – best price guarantee

Contrary to popular opinion,
smaller local businesses often offer
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find items through their extensive
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Simple is best

The first week of August is "National
Simplify Your Life Week",
and Beth Giles, a professional
organizer with NW Organizing
Solutions, suggests a few things
to consider as you strive to live a
simpler life.

De-clutter your space. Every item
you own comes with responsibilities
to house and maintain it. Remember
the "one in, one out" rule. For every
item you bring into your home,
whether it's clothing, decoration
or housewares, you should remove
another item. There are people and
places that would benefit greatly
from your "discards."

Take a look at what is on your
calendar, and rethink the commitments
you have. Can you delegate
some of your responsibilities?
Remember that by saying "yes" to a
commitment, it means you are saying
"no" to something else, and that
every minute of your day or every
inch of your home does not need to
be occupied with something. Allow
yourself time to relax and open
space in your home to enjoy.

Write a clear to-do list. Always
start your items with an action verb
and make the tasks small enough
to handle. When heading out the
door, make an errands list to help
you avoid making several trips and
wasting time.

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of simplification. Call to schedule
a one-hour consult or a hands-on
organizing session. You can reach
Beth at 503.709.0791 or at beth@nworganizingsolutions.com.

Cedar Mill Chiropractic is growing

Cedar Mill Chiropractic is
moving and will be located down
the street at 12923 NW Cornell,
Suite 201 upstairs from Pars Market
and across the hall from Tint and
Sunset Yoga). They will be closed on
Friday, August 26 and will reopen
in the new location on Monday,
August 29.

They are excited to be adding
rehab services and to be welcoming
another massage therapist to their
team.

Yoga by the river

Join Nina Pileggi of Sunset Yoga,
and a small group of yoga students
from September 30 through October
1 for a weekend getaway to the
Nehalem River. They will be staying
at Sandy Crinklaw's Coastal Mountain
Sport Haus, located near Mist,
Oregon, just 50 short miles from
Beaverton. All levels of students are
welcome to join them at the retreat.

The retreat will include six
delicious meals, eight hours of fun
and inspiring yoga instruction, and
lodging. During the ample free time
you can sit and read on the porch,
watch the wildlife, hike, bike, or
visit downtown Vernonia. For more
information, email Nina at nina@sunsetyoga.com.

Virtue of the month: Respect

"Respect is an attitude of honoring
ourselves and others as people
of value. We care for each person's
dignity. Everyone has the right to
expect respect."

The Practice of Respect: I treat
myself and others with dignity. I
speak and act with courtesy. I am a
peace builder. I expect respect at all
times. I honor the sacredness of all
life. I live graciously.

"There is a longing among all
people and creatures to have a sense
of purpose and worth. To satisfy
that common longing in all of us we
must respect each other." Virtues
Reflection Cards; Linda Kavelin
Popov (\$30)

The virtues project is proud to
offer an award-winning, 53-week
series of children's songs as well as
a line of Virtues cards and audio
products. You can find out more

and learn how to invite the Virtues project into your life at www.virtuesconnectionportland.com.

Paladan Elementary opening

Paladan Elementary, the first private elementary school for academically gifted children in the Portland area, will be opening in Bethany Village September 12. In addition to the basics—humanities, mathematics and science—they offer Chinese, music, wellness, critical thinking, physical education, yoga, history, public speaking, technology, and art. They incor-

with their chronological peers, they then “migrate” to the appropriate classroom based on their ability. Students are assigned a level for math, humanities, science, and Chinese after their initial placement testing and interview.

At a time when most elementary school classrooms weigh in at 29-32 students, Paladan’s student to teacher ratio is only 12:1. This low ratio allows personalized lesson plans to be fully implemented, and it is essential for their experiential and inquiry-based format, which makes learning memorable and fun.

Other unique features include the school’s dedication to attend to the social and emotional needs of gifted children, maintain strong rapport and involvement with parents, and encourage social responsibility and stewardship



porate inquiry-based learning, cross-subject integration, critical thinking strategies and real-world applications into their educational model in a meaningful, cohesive and enjoyable way.

Though students start their day

for our natural resources.

To be considered for admission, students must be identified as talented and gifted (TAG) at the 97th percentile or above on a standardized, national test of mental ability or academic achievement. Once the

basic criteria for giftedness is met, the Admissions Review Committee focuses on the student’s eagerness to learn, ability to work positively and respectfully with others, emotional readiness and teacher recommendations.

To find out more about Paladan, you can visit their website at www.paladanelementary.com or attend one of their informational sessions on August 14 and August 28 at 3 pm at Bethany Village.

Miller Paint in-store advertising sale!

All Miller Paint locations have a closed-circuit TV screen that shows ads and other information to the customers who are waiting to have their paint tinted and mixed. They are offering a special to home-based and other “non-building” businesses—half-off the regular price for your business to have an ad on their screens. Talk to Michael at the Murray location for details on pricing and particulars.

SECOND *Clifton* **RESALE**
Clothes for Everyone
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CLEARANCE SALE!
August 5-7: 25% off
August 8-11: 50% off
August 12: 75% off
August 13: Bag Sale 10-2
\$7 per bag!
August 13: Closed for re-stocking
August 14: open at noon for
Back-to-School Shopping!

All sales benefit the Cedar Mill Community Library
OPEN Monday 12-6, Tuesday 10-7:30,
Wed-Fri 10-6, Sat. 10-4:30, Sunday 12-4:30
• located at the east end of the library building •
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