



FREE

Cedar Mill News

Volume 17, Issue 4

April 2019



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Development News

Peterkort parking lot approved

The Beaverton Planning Commission approved the Peterkort Company's application to build a 460-space surface parking lot on



their property west of the Sunset Transit Center. 260 spaces would be built in Phase One, with the remaining 200 spaces built in Phase Two, with the *condition that permission would expire unless buildout of the development has begun.

Peterkort's Planned Unit Development (PUD) was approved by Beaverton in 2014, as described in [this article](#). It was to include a large urban-style commercial shopping and housing development adjacent to the Sunset Transit Center.

Peterkort applied for its second and final extension for the PUD in 2017, which expires in November 2019 if development hasn't begun by then. Beaverton Associate Planner Jana Fox noted at that time, "This is the last time they can ask for an extension. If they do not commence development consistent with our code requirements within this extended window then the decision would expire and they would have to start over again." Fox just let us know that, "In order for a land use approval not to expire there must be what is called 'Substantial Construction.' In [this] case...since a Land Division was not proposed

with the parking lot, and a building is proposed (the guard structure) so long as the footings are constructed for the guard structure building prior to expiration of the PUD the PUD will be considered to be vested and the PUD would not expire in November 2019." It's a little more

complicated than that, but this explains a lot!

During the March 13 hearing, members of the Commission discussed their concern about whether the proposed surface parking lot—as a principal use of the site—was

consistent with Comprehensive Plan policies, which support pedestrian-oriented mixed use areas, provide vertically mixed uses, limit auto-oriented uses, and promote walkable areas for the Station area. The applicant explained that understanding total parking demand at the station site was integral to right-sizing the parking for future development phases, including dense mixed-use development.

The Commission found that by including a condition of approval ensuring that the conditional use was intended to help facilitate full buildout of the site, and was not a permanent principal use of the site, that the proposal met the Comprehensive Plan policies.

*They attached conditions of approval that include expiration dates for the Conditional Use as a parking lot:

Sunset Surface parking shall expire:

- If Sunset Station & Barnes Road PUD expires
- 5 years after issuance of a certificate of occupancy unless there is an active land use entitlement for a minimum of 80,000 square feet

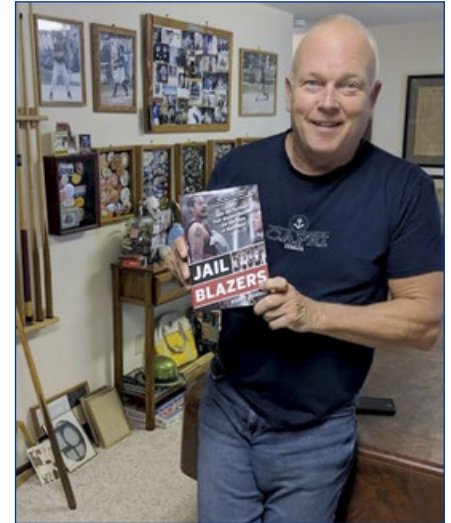
Continued on page 4

Cedar Mill writer recalls the "Jail Blazers"

By James Bruce

Kerry Eggers, popular local sports writer, has lived in the West Haven neighborhood for 17 years. He says, "I like it. Here we are, 10 minutes from downtown Portland, 10 minutes from Beaverton, but it still feels quiet and secluded. I originally lived out near Claremont Golf Course, and there was a farm in my backyard, so I have definitely seen the area change. Here the neighbors are friendly. Not a lot has really changed here, and I like that."

Eggers, who covers sports for the Portland Tribune, is also the author of seven books primarily about northwest sports, including his latest, *Jail Blazers*,



which tells the story of the team during the late '90s and early 2000s, when team members were in the news for their off-court behavior as

Continued on page 8

Help us build a better News website!

Have you struggled to read the News on your phone? Have you been frustrated by having to scroll and scroll to find the stories that interest you? Help is on the horizon, but first we need everyone who enjoys the News to chip in!

We have established a "GoFundMe" campaign to raise \$4500 to hire a team of experts to design and implement a new website for Cedar Mill News.

Why do we need your donations? We want the News to be free to everyone. We don't want to establish a "pay wall," like so many publications are doing these days. But that means that our margin is tiny and doesn't have room for a major project! Our staff doesn't have the time or skills to do this work ourselves.

In addition to a more user-friendly interface, our goal is to publish news and event information continually, as we receive it. An updated event calendar window will display the week's happenings. The

new structure will also take some of the load off our staff, and allow more contributors to get involved.

We've been using our Facebook page to post timely information. This new site will be able to incorporate that content so you won't have to be a Facebook user to get the latest "news you can use," like traffic alerts, links to breaking news in our area, and more. And we'll be able to accept comments on the articles!

We will continue to collect the content to produce the print edition monthly, along with the downloadable PDF version, but the website will be more useful and timely.

If you appreciate the independent and relevant information we provide, please [donate as much as you can](#) to keep the service free to all! The sooner we reach our goal, the sooner we can bring you more and better Cedar Mill News!

If you want to donate but prefer not to use GoFundMe, you can mail a check to Cedar Mill News, PO Box 91061, Portland, OR 97291.



Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Cedar Mill Farmers Market opens soon!

May 4 to October, NW corner of Cornell & Murray in the Safeway parking lot

Good food, good people, and good times will be happening at the Cedar Mill Farmers Market again this season! Opening day is May 4, make sure to put it on your calendar.

This season will welcome back your favorite vendors and will introduce many new ones as well. Plan on coming by each Saturday to shop local, listen to some great music, have lunch and have some fun with us!

We will most likely have three-to-four hot food vendors each week. The Power of Produce Kids Club will have activities for children ages 4-12 each week and kids who participate will receive \$2 in tokens to spend on purchasing their own fresh fruits and vegetables.

The Cedar Mill Farmers Market accepts EBT (Oregon Trail Cards). A \$5 match to those using their benefits is also provided thanks to our awesome sponsors at The Cedar Mill Business Association and Laughing Planet - Cedar Mill.

Want to get the latest market updates each week? Contact ourcmfm@gmail.com to get on our weekly email list. Want to get involved? We need volunteers! Contact us for more information.

Laundromat will open mid-April

Due to an extended inspection schedule, the Cedar Mill Coin Wash will open sometime mid-April. Watch for them in the space at the north end of the Bales Marketplace building!



Sunset Credit Union wants kids to save

Kids save and get a chance to win a Switch

April is Youth Month and as part of a nationwide effort to spread the word about the importance of money management, we're going to give away a Nintendo Switch. All youth accounts (ages 5-18 years) opened in the months of April and May will be entered into a drawing to win. Plus, each time you refer a friend to Sunset Credit Union you BOTH will be entered to win!

Sunset Credit Union is located at 1100 NW Murray Blvd. Call 503-643-1335 or visit sspfcu.com for more information.

Women's self defense class

Monday, April 22, 6-9 pm, Leedy Grange Hall, 835 NW Saltzman

Leedy Grange and Instinct Defense Academy are offering a free Women's Self Defense class. It might be hard to imagine being attacked, but statistics show that one rape occurs every six minutes. These attacks can occur without warning and when individuals least expect it. It is extremely important for everyone to be prepared for times like these. That is why we take the subject of self-defense very seriously.

Not all self-defense courses are equal. About 70% of assault survivors reported that they took some form of self-defensive action during the crime. INSTINCT Defense Academy offers solutions with proven efficacy. During this three-hour course you will learn about: the triangle of victimization, how to avoid becoming a victim through situational awareness, the

4 phases of an attack and how to defend against each phase, the undercover predator and how to spot and defeat them, verbal, emotional and physical self-defense, and college concerns.

Space is limited so please reserve your spot today. Register at the [Eventbrite page](https://www.eventbrite.com)

Bales Marketplace events

Easter egg hunt

Saturday, April 20, 2-4 pm, Bales Cedar Mill Marketplace, 12675 NW Cornell, free



Pick up a coloring page at the store to enter the coloring contest, and then plan to bring kids of all ages for a fun afternoon of crafts, an in-store egg hunt, prize drawings, and snacks. Stations around the store will be set up to let kids color eggs, decorate cookies, and make cards.

Spring Food & Wine Show
Saturday, May 4, 3-7 pm

Grab a wine glass at the door, and circle the aisles sampling delicious food and wine from around the northwest and around the world. Talk to the people who make it to learn more about what you eat and drink! You're sure to run into your friends and neighbors at this food and wine extravaganza.

Village Gallery of Arts news and events

Village Gallery is a non-profit, educational art gallery in operation since 1963, located next to the Cedar Mill Library at 12505 NW Cornell Road. Gallery hours are Monday-Saturday, 10 am-4 pm, Sunday, 12- 4 pm. Learn more and see the complete class schedule at villagegalleryarts.org or call 503-644-8001.

April Show

Reception: Sunday, April 14, 2-4, free

Join us for refreshments and meet our Featured Artists. Take in the show and remember to cast a vote for your favorite artwork for the People's Choice award!

Darla Boljat, Featured Artist: The theme behind this show is creating, displaying and sharing art that

conveys the feeling of awe I experience when viewing the subject. I remember the places and subjects that evoke joy or peace for me and those images, and the feelings associated with them, will pop up in my mind until painted. One of the techniques I used in these paintings includes layers in acrylic paint to "sketch" the image and apply background color where needed. This allows me to create texture if necessary, to help the viewer feel as if they are in nature. For most I paint in oils on top of the acrylic, which enhances the color, shadow and light, giving the painting depth. I finish with varnish to



painting by Darla Boljat

preserve the piece.

Marcia Wigert, Featured Fine Crafter: Born and raised in California, I was fascinated by rocks and nature. Everywhere we traveled I would fill my pockets and the back of the family station wagon with rocks, all kinds of rocks. I was intrigued by the colors, sparkle, textures, and shapes. I guess even as a small child I was inspired by nature's beauty. I am now inspired by my new home state of Oregon: the mountains, rivers, ocean, forests, wild life, and the peacefulness I find here. My jewelry is hand-crafted and made with you in mind. To me, accessories are pieces of art you wear and feel great in.

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The Cedar Mill News © 2019

Published monthly by
Cedar Mill News LLC
PO Box 91061
Portland, OR 97291

Online: cedarmillnews.com

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Printed by Pacific Office Automation

Opinions expressed in this publication are not necessarily those of its advertisers.

CPO 1 News**CPO 1 April meeting in Bethany**

Monday, April 8, 7-8:30 pm, Bethany Church Community Room, 15505 NW Springville

CPO 7 had scheduled a forum to hear from the slate of candidates who are running for seats on the Tualatin Hills Park and Recreation District Board of Directors, and they agreed to invite CPO 1 to join them on their regular meeting night. Our regular night, the second Tuesday, is also the meeting for the THPRD board, so few candidates were available.

The THPRD board has five members who generally serve four-year terms, and are elected at large by all in-district residents. Because of the resignations of two members, two of the positions in this election are for the unexpired two-year remaining term. Board members set District policy and oversee the District's annual budget of more than \$60 million dollars.

Heidi Edwards and Mahesh Udata are challenging incumbent John Griffiths for the four-year Position 4 seat.

Tya Ping and Bhaskar Aluru are challenging incumbent Ali Kavianian for a four-year Position 5 seat.

Ashley Hartmeier-Prigg is challenging former Board Member Bill Kanable for the two-year unexpired term for Position 3.

Wendy Kroger was appointed to serve in place of one of the Board Members who resigned. Amber D. Wilson-Valdivia challenges her for the remaining two years of the Position 2 seat.

There will be time after the conclusion of the meeting for interaction with any of the candidates who choose to stay.

Plan to attend the meeting, or watch it live on the [CPO 1 Facebook page](#). It will also be available there for viewing later.

The Special District election on May 21 will also include candidates for the Beaverton School District board. All incumbents are running unopposed. Measure 34-286 renews the local option levy for TVFR fire and emergency services. Passage of the levy will continue the current rate of taxation.

Watch for your ballot in the mail around the beginning of May. April 30 is the last day to register.

Neighborhood meeting
Wednesday, April 10, 6 pm, Leedy Grange Hall, 835 NW Saltzman

AKS Engineering and Forestry is proposing a six-lot subdivision to be built on a 0.94 acre property at 1775 NW 113th. Neighborhood meetings provide a forum for the applicant and surrounding property owners/residents to review the proposal and identify issues so that they may be considered before the formal application is turned in to the county. Plans presented are preliminary and may be altered before submission.

For more information, contact Mimi Doukas, 503-563-6151 or mimid@aks-eng.com

Pioneer cooking

Tuesday, April 9, 7 pm, doors open 6:45, Elsie Stuhler Senior Center, 5550 SW Hall Blvd.,

Suggested \$3 donation benefits Beaverton Historical Society.

The Newell Pioneer Village Museums, including the Newell House, Butteville Academy, and Pioneer Mothers Memorial Cabin share a part of our rich pioneer history through living history tours and events throughout the year. Museum Director, Ellen Crauthers, dressed in period dress, will be sharing some information about pioneer cooking.

Come join us in refreshments and see a small hands-on demonstration that will introduce a taste of what it may have been like to help keep the family fed in the mid-1800's. Like the other living history interpreters dotting the Champoege museums, Ellen is enthusiastic about showing and telling history in a way that makes our pioneer history come to life. For more information, please contact historicbeaverton.org or call (503) 430-0106.

Portlandia Brass Ensemble groupmuse

Saturday, April 13, 3:30-5:30 pm, \$3 reservation and \$10 recommended donation to the musicians.

Portlandia Brass Ensemble will perform an in-home neighborhood concert. A groupmuse is a live 'mostly' classical music house concert. It's a casual, friendly, intimate gathering. Groupmuse concerts are casual and BYOB. Our Bach-themed program will also include works by Silvestri and Cole Porter. We'll have a few light snacks to share.

RSVP here to get the address and details <http://l.grpm.us/GQOOoQ>

Facebook event: <https://www.facebook.com/events/263625924548840/>

Together We Remember

Cedar Mill School students, 1938

You're invited...

Cedar Mill History Club

Free refreshments!

See old friends and meet new ones... share your memories of Cedar Mill

Thursday, April 18, 3-4:30 pm
The Ackerly at Timberland
11795 NW Cedar Falls Drive

Sponsored by Cedar Mill Historical Society and The Ackerly
For more information, visit cedarmillhistory.org

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Development News, continued from page 1 of non-residential floor area, or 200 dwelling units on the station site

- 10 years after issuance of a certificate of occupancy.

Life Time Fitness application filed. public hearing scheduled

Wednesday, May 8, 6:30 pm,
Beaverton City Council Chambers,
12725 SW Millikan Way

Life Time Fitness and Peterkort Co. held a [neighborhood meeting in April 2018](#) to begin the process of developing a large fitness center on Peterkort land near Barnes and Cedar Hills Bl. They originally proposed to put it north of Barnes, but in July we learned that they were now [proposing to build on the southwest corner of Barnes and Cedar Hills Bl.\(CHB\).](#)

The development application has now been submitted to Beaverton. The Planning Commission may approve the facility during the May 8 meeting. The developers are requesting approval for approximately 138,000 square feet of athletic facilities, 31,200 square feet of shared workspace/office, 10 indoor tennis courts, 37,000 square feet of outdoor pool area, a 619 space parking garage, and associated surface parking, landscaping, and storm water facilities. A "Major Adjustment" is requested to exceed the maximum building height.

A Tree Plan Two application for removal of community trees from the subject site as well as removal of approximately five (5) trees from a Significant Natural Resource Area (SNRA) on a property across SW Barnes Road to allow for storm sewer construction are requested. Sidewalks (10' wide with trees in tree wells) will be installed all around the perimeter of the property, including along the new street that will be built. Because required transportation improvements will include widening CHB, the sidewalk there will be moved.

Many Cedar Mill residents have been anxiously awaiting further Peterkort development that would at least increase Barnes to four lanes west of Cedar Hills Bl. Jana Fox, Current Planning Manager, Community Development for Beaverton, says, "We have not yet fully determined what the transportation conditions of approval will be. The Applicant's Traffic Impact Analysis shows widening to 5 lanes of Barnes

Road between Cedar Hills and through the 116th (the new street to be constructed) intersection. The applicant's plans can be found [on our website here](#).

The Beaverton Facilities Review Committee will meet on Wednesday, April 17, to determine whether the proposal meets the technical criteria of Beaverton's Development Code. That meeting is open to the public but doesn't take public testimony. More information about road impacts may come out at that meeting.

Cornell-Murray low-income housing fully funded

Community Partners for Affordable Housing (CPAH) was selected by Washington County in 2016 to develop the property at the southeast corner of Cornell and Murray. Since that time, they have been securing a funding package and refining the design. A history of the effort was summarized in our [March 2018 article](#).

We have now learned that the \$15 million project is fully funded.

viding \$100,000 to \$200,000.

About \$1.6 Million in Permanent Debt from Network for Affordable Housing ([NOAH](#)) rounds out the package.

Heritage Bank is the construction lender, and the investor purchasing the tax credits is Enterprise. LMC Construction is the contractor.

Their website says, "Cedar Grove will provide quality affordable housing in a high opportunity, highly-walkable area, connect low-income individuals with excellent access to jobs, and serve as a gateway and gathering place for the larger Cedar Mill Community. The building will have 44 apartments, ranging from studios to 3-bedrooms, in four stories with an elevator. The project will also have a community plaza. We plan to begin construction in 2019, and be lease-ready in 2020.

CPAH is known for providing an excellent support system to its residents. Felton says, "Since there are 14 units of family housing we will likely have similar programs as our other family properties: after



Jillian Saurage Felton, CPAH's Director of Housing Development, says, "Most of the funding is the 9% Low Income Housing Tax Credit allocation from Oregon Housing and Community Services (OHCS) which is approximately \$9.5 million. Other sources from OHCS include about another \$1 million.

Washington County Housing Authority is contributing \$1.2 million in HOME funds. Beaverton is providing \$300,000, of which \$200,000 will be used to fund resident services at the property. Metro is pro-

viding school programs, youth programs etc. We are also working with Community Action to provide services to families who were formerly homeless."

Along the Cornell frontage, a "mini-park" will be open to the community. In one version of the plan, a community garden was planned. "Unfortunately," says Felton, "we weren't able to have

the community garden at this space due to Code requirements. However, the space that was to be community gardens is now a bioswale, which will allow us



A splash pad will be part of a public mini-park to be maintained by THPRD.

to treat all the stormwater on-site, which adds to the “green” nature of the building design.”

The site will be accessed by two driveways on Joy St.

Felton mentioned that the government shutdown this winter delayed some of the funding, so construction is now expected to begin this fall.

Ackerly funds crosswalk signal

An important safety improvement has been installed in the Cedar Mill and Timberland neighborhoods—a solar powered, light-up crosswalk on the corner of Cedar Falls Drive and 118th Street, crossing over to the Timberland Town Center.

Katie Smith, Sales Manager of the Ackerly at Timberland Leisure Care community, believes the addition is an instrumental step to building an active and safe neighborhood.

“The crosswalk will make a huge difference, not only for the Ackerly at Timberland residents, but for all members of the community. It gives everyone the opportunity to easily access everything the Town Center and neighborhood have to offer,” Smith says.

Timberland Middle School students, patrons and staff of the Town Center, and neighborhood residents are among the many that can count



on a safer and easier passage to the Town Center and the Tualatin Hills Park and Recreation District nature trails and walking paths.

The Ackerly at Timberland’s owner’s, [Rembold Properties](#), sponsored this enhancement to provide a more secure route to amenities surrounding the Cedar Mill and Timberland neighborhoods, and hope it will have a lasting impact on the lives of residents.

History in the News

Cedar Mill History Club

Thursday, April 18, 3-4:30, The Ackerly at Timberland, 11795 NW Cedar Falls Dr.

See old friends and meet new ones at the Cedar Mill History Club, free and open to anyone interested in our history, from the early pioneer days to the ‘60s as the area grew and modernized. Share your memories, photos, clippings and mementos with folks who want to learn!

For more information, visit cedarmillhistory.org or call 503-803-1813

Living History for the Cider Festival

Sunday, September 22, JQA Young House Park, 119th & Cornell

This year, in addition to the “History Tent” with displays of Cedar Mill history photos and artifacts, we are bringing history to life with Living History demonstrations of what life was like here in the past.

Do you have a skill or an interest in showing how the natives and the pioneers made a living? Basket making, weaving, herbal medicine, butter and cheese making, how old farm implements were used...these

are just a few suggestions of activities that will help us understand what life was like in our early days.

We’d love to have you join us for the afternoon to share your interest with our visitors. Please contact us at info@cedarmillhistory.org or call 503-803-1813.

The Cider Festival is the community’s big event of the year. Troop 208 turns antique cider presses to squeeze fresh cider from 1000 lbs. of apples and serves it free to everyone. We also have live roots/ Americana musical entertainment with Lauren Sheehan and Friends, great food from Retrolicious (and maybe more), kids activities with the THPRD RecMobile, and free parking in the Bible Church lot. The event is sponsored by THPRD. Learn more at cedarmillhistory.org/ciderfestival, and join and [share the event on Facebook!](#)

Washington County Sheriff’s Office Drug Turn In

Saturday, April 27, 10 am-2 pm,
Bales Cedar Mill Market Place

In partnership with the Drug Enforcement Administration, the Washington County Sheriff’s Office will collect any unused or unwanted prescription drugs.

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STRESS AWAY YOUR TAX DAY
 Monday, April 15 at 3 pm • Health & Fitness Club

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 Stay for happy hour after. **RSVP by April 12.**

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Park News

PGE removes trees near Sunset Park on Cornell

Neighbors were concerned when they noticed that a row of trees along Cornell was cut down recently. The property is on an easement adjacent to the fence for Sunset Park.

Jon Campbell, THPRD Superintendent of Maintenance, said that it was Portland General that cut them, because they interfered with the power lines. "The trees were also damaging the adjacent sidewalk," he said. "We've had to fix or replace the sidewalk panels a couple of times already because the tree roots were displacing them."

He said the park district would plant some new vegetation in the fall that will help screen the park but won't cause problems.

THPRD candidate forum Saturday, April 27, 1-3 pm, Elsie Stuhr Center

Meet the candidates for the Tualatin Hills Park & Recreation District Board of Directors. Hosted by the Friends of the Elsie Stuhr Center. All candidates are invited to attend.

Help shape the future of THPRD on the Visioning Task Force

THPRD needs a community-supported vision for the future of the District to influence programming, funding, and strategic planning. We are looking for diverse, multi-cultural, and energetic community liaisons to help get us there.

Community visioning is an opportunity for THPRD to listen to community members and work together to find better ways to serve. THPRD was formed more than 60 years ago, by people who had a vision for a better way to provide park services. Now it's time to set the course for what the next 60 years will bring.

THPRD recognizes it will take time,

energy, and commitment to serve as a voluntary member on the Visioning Task Force. We are offering members THPRD passes, in recognition of their contribution to this effort.

Applications are being accepted now through April 21. Learn more about the responsibilities of the Task Force members and find out how to apply, on [the district website](#).

Bluffs Park maintenance

The Bluffs Park is tucked away between several Bonny Slope neighborhoods, with lawn, a playground, and a natural area. Following the trail that leads to the park from the Ironwood neighborhood and through the natural area leads to The Bluffs neighborhood, where you can walk on the street to the eastern Bluffs Park entrance for a nice circuit.

Lately, however, visitors have noticed a mess of downed trees and branches where the path enters the park. Campbell said that there was some confusion on the part of the maintenance staff as to whether it was regular park maintenance or natural area staff that was supposed to take care of that area.

He says, "Park Maintenance will 'own' that area going forward. The dead trees and branches will be chipped into the area, the ground will be re-graded, and we will cover the area with recycled chips. Staff will eventually re-plant the area with some native plants and also add a few trees in the fall. Public Notice signs will be posted soon,

the work will start within the next week or two."

The eastern segment of The Bluffs trail winds up the hill through an area that was [planted with natives in 2012](#). The plants are thriving and the paved path makes for a pleasant walk.



Native yellow violets and trilliums bloom in the natural area of The Bluffs Park.

PCC Rock Creek events**Semana de la Raza**

April 22-27, Portland Community College, Rock Creek, 17705 NW Springfield Rd.

One of the year's signature events at PCC's Rock Creek Campus, Semana de la Raza is a week-long celebration of the diverse experiences and widespread contributions of Latinx cultures and communities in the greater Portland metro area. All events are free for the public (hourly parking permits available onsite), including lectures, music, film, performances, awards, and more. Learn more at www.pcc.edu/semana

The theme for 2019, "Unraveling Hidden Stories," highlights the often-silenced voices within the Latinx community. Don't miss these highlighted events:

How La Raza became Latinx: Ethnic Labels and the Language of Mestizaje

Tuesday, April 23, 12-1:30 pm, Building 9, RC Library Community

Have you ever wondered why we celebrate Semana de la Raza? Are you unsure about how and when to use the words Hispanic, Chicana, or Latinx? Join us for a panel about the wide range of ethnic labels used to describe people of Latin American descent in the United States. Drawing on examples from across U.S. history, we'll discuss how the words we use to describe ethnic and racial identity have been used to both oppress and empower people.

Teatro Milagro Presents: Judge Torres

Tuesday, April 23, 6 pm-8 pm, Auditorium (Bldg 3, Room 114), registration required (Link to register and additional details will be posted by PCC soon).

Woven with magical realism and Mayan folktales, Salvadoran playwright Milta Ortiz created this new work inspired by her own immigrant experiences. Judge Torres is a story of triumph against the odds; Xiomara made her rise from undocumented immigrant to one of only a few Latina judges in Oregon. She brings diversity to the bench not often seen in Oregon or across the nation – as a Latina but also as a child abuse victim and product of the foster care system.

Feria de las Flores

Saturday, April 27, 10 am-4 pm, Rock Creek Campus Quad, free

Bring the entire family for a celebration of Latinx culture, including food carts, music, magicians, and more.

Free Discussion About What it Means to be an American

Wednesday, April 17, 1 pm, Portland Community College, Rock Creek Campus Events Center in Building 9

The United States is a culturally diverse nation with residents who can trace their heritage to lands across the globe, and our diversity is projected to continue to increase over the next several decades. Given the differences of race, ethnicity, place, religion, wealth, language, education, and ideology that exist in the US, what are the things that unite us a nation? How do we understand what it means to be American and what we hold valuable? This is the focus of "What Does It Mean to Be American?" a free conversation with Ellen M. Knutson.

Cedar Mill and Bethany Libraries news and events

Music and Illustration: Bringing Stories to Life

Sunday, April 7, 3-4 pm, Cedar Mill Library

Portland Chamber Music will join music and stories when celebrated author/illustrator Brett Helquist presents two of his stories set to an original score by composer Regina Sadowski. Brett Helquist is known for his illustrations in the children's books, "A Series of Unfortunate Events" by Lemony Snicket, as well as for his own writing. Join us following the performance for a short drawing tutorial with the illustrator! Recommended for age 6+.

Art of the Story Festival

Friday, May 3, 6:30-7:30 pm, Christ United Methodist Church, 12755 NW Dogwood St.

Professional Storyteller, Rev. Robert B. Jones, Sr. will present: Alabama Stories, Tales from the Motherland, at Christ United Methodist Church. The event is part of Washington County Cooperative Library Services' Art of the Story Festival.

The Reverend is a native Detroit and an inspirational storyteller and musician celebrating the history, humor, and power of American Roots music. His deep love for traditional African American and American traditional music is shared in live performances that interweave timeless stories with original and traditional songs.

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Sunset TIRE FACTORY

Eggers, continued from page 1
often as for their basketball. Eggers covered the team during those years, and the 540-page book is full of personal anecdotes and background. We recently interviewed him at his home.

What do you enjoy about writing a book versus a newspaper column?

I wouldn't say enjoy exactly. It is more a feeling of satisfaction that you get when you complete a book rather than an article. For example, when I was working on covering the Olympics, that was a short-term engagement, but it was very intense and came with a lot of pressure. Writing a book is different—the process usually takes me six months to a year, but I find it much more gratifying than completing a newspaper article or column.

How did you get into journalism?

My father was the Sports Information Director at OSU. His job was to facilitate media connections with the school's athletic department. So sports and journalism was always around, we lived it in our house. I jokingly say I got into journalism because it was better than having to work for a living. I started in college as the editor of the OSU Daily Barometer. I really enjoyed it, and during school I also worked for a few of the local papers. After graduation it was a natural move to become a sports writer.

You grew up in Corvallis and went to OSU. I attended U of O for undergrad and law school. What do you think of the rivalry between the schools?

Historically, it has been a great rivalry. Not all states are set up like Oregon, with two major state schools, so that creates a special type of rivalry. Last few years, the rivalry has not been as great, especially for football, mainly because there has not been much competition.

Why is it that a Beaver fan can never ever root for the Ducks, but the reverse is not true?

I think this is certainly true of some Duck fans but not all. I think it comes down to the fact that for many Oregon fans, they really don't see OSU as a rival, at least not as much as University of Washington. Many Duck fans see that as the bigger rivalry. Maybe if the Beavers could beat the Ducks three or four times in a row, this might change.

The newspaper business has changed quite a bit over the last 10 years; especially in the way people consume their news. Have you had to change your writing style or the way you approach a story because of the impact

of digital journalism?

Not really. People's attention spans maybe have gotten shorter, but I still write the same style. I am fortunate that my editor also agrees. Perhaps I do shorten things a bit, especially with the online articles, but I don't make a conscious effort. *What was your biggest challenge in writing this book, Jail Blazers?*

The book covers such a broad period of time. I struggled with exactly how to define the dates that we were going to cover: when did it start? When did it end? I tried to go at least one or two years before it started, and also after, to get some context in there. But we covered a long time period. There were a lot of old articles to read. I framed it around 1993-2007. I did about 70 interviews for the book.

The title of your book, "Jail Blazers," certainly grabs people's attention and reminds them instantly of the bad boy era. Do you think, looking back, the name Jail Blazers was really fair to the team?

Yes. As Bob Whitsitt said, it's a cute phrase and it rhymes, so it kind of stuck. But I don't think it was unfair. The colloquialism stands. Some of these guys did things that were not legal and ethical. Steve Kerr thought maybe I would overdo things on the negative aspects, but when I spoke with Gary Trent about it, he agreed, that with all the things some of the players were doing, the reputation was earned.

Portland is known for a historic lack of ethnic diversity. We also don't have any other major league pro sports teams here, which kind of puts the Blazers in the spotlight, or more on a pedestal than they otherwise might have been, would you agree?

I would agree there. Portland is a smaller market so there is a bit more scrutiny of the players than in some markets.

One common thing I noticed throughout the book is that many people say, "Yeah those were crazy times, but they were the best times in the NBA." Why do you think that was?

This is a great organization and a great city. Paul Allen took great care of his players. They had the first jet, as an example, so these guys were being taken care of.

Who was a more difficult personality at the time, Bonzi Wells or Rasheed Wallace?

Bonzi certainly had more good times than Rasheed, especially with the fans. Bonzi could be very charming at times, even in public. Rasheed very rarely showed that to the public.

In private, he was a very likeable and charming guy, but there were quite a few times that he would refuse to sign autographs, things like that. Overall, I would say Bonzi was a bit more difficult than 'Sheed. *What do you want readers to take away from the book?*

This was a balanced book. I tried to look at both sides, to not make it a hatchet job. I wanted to reflect on an era that certainly had a lot of misdeeds, but there were also a lot of people on that team that were highly regarded. Pippen, Kerr, Grant, Dudley, there were lots of great players involved. It's also important to show how close that team came to winning it all. If they hadn't lost to the Lakers in the Western Conference Finals, they would've won the championship that year. What would've happened if they won? It could've been great, you don't end up trading Jermaine O'Neil, who knows? But overall, I wanted to be fair.

Have you had a chance to speak much with Jusef Nurkic? Seeing a big man go down with an injury like that is so difficult. Do you think he will be back in a Blazer uniform?

I haven't spoken with him much since the injury, but he is going to be fine. I spoke with a surgeon after the injury who said he will be back playing by the end of the year. Of course, it is going to be a long road to recovery, maybe one-two years before he is back to full strength, but I am confident it will happen. There is no question of him coming back to be a productive center for Portland. *I've always been curious about whether the Blazers spend much time at the Nike campus? Do you know anything about that? At one point I thought they practiced there but I've been told that's not true.*

I don't think so, as a rule. I know Damien Lillard does not! (He is sponsored by Adidas.) I believe some of the other NBA teams might practice out there if they get to Portland a day early, but I believe almost all of the Blazers' team practices happen at their facility in Tualatin. *Do you know if any of the team members or coaching staff live around here?*

Not from the current team. I know Scottie Pippen used to live right by Cedar Mill Elementary School. Chris Dudley used to live in Forest Heights, as well as Dale Davis. But right now, I think most of the players live in either Lake Oswego, Tualatin, or West Linn.

Getting to transit

Depending on where you live and/or work, getting to the nearest transit stop can be challenging. Sidewalk gaps, long distances between signalized crossings, poor lighting and/or substandard bike facilities can create challenges for those using public transportation.



Washington County Department of Land Use & Transportation

has started the [First and Last Mile](#) (FLM) project to develop strategies to improve transit per the transit objectives included in the County's [Transportation System Plan](#) (TSP).

The project will include the following tasks and activities:

- Understanding the implications (costs/risks, benefits/opportunities) of new mobility technology;
- Recommending amendments to the TSP, [Road Design and Construction Standards](#) and other policy documents for the County to consider to improve transit access;
- Identifying priority locations for first-and-last-mile transit access projects, programs and partnerships including:

Bicycle and pedestrian improvements;

On-demand transportation such as shuttles, microtransit, ridesharing, carsharing, bikesharing (including electric bikes and scooters), ridesourcing and mobility hubs;

Inter-regional and rural-transit connections.

- Identifying priority projects to position the County for funding opportunities.

A technical advisory committee (TAC), comprised of representatives from cities, transportation service providers and transportation management associations, will have its second meeting this month. TAC members will meet up to five times to compile recommendations. Stakeholder input will be a key component in that process. Two stakeholder workshops and an online open house, all open to the public, will be conducted to encourage comments. The first workshop is expected to be held in May.

For more information, subscribe to [LUT's First and Last Mile e-newsletter](#).

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Business News, continued from page 2

April Awards Show for VGA members

Elizabeth Higgins will be our juror for the April show. Elizabeth is a watercolor painter who maintains a studio in SE Portland and teaches youth and adult art classes for various cultural organizations. She has lived in Oregon since 1995, and is a juried member of the Watercolor Society of Oregon. In addition to painting, Elizabeth enjoys mono-printing and collage. She loves to make art, teach and help people of all ages discover their creative potential. She has been a member of Village Gallery of Arts since 2011. A big thank you to Blick Art Supplies for providing gift certificates for our Award Show winners!

Classes and Workshops

Please [see our website](#) for complete class and instructor information. To register, visit or call the Gallery at 503-644-8001.

Touchmark events open to the public

The public is invited to the following events at Touchmark in the West Hills. There is no charge for any of these events, but seating may be limited. To RSVP, call 503-954-

1640. Touchmark is located at 840 SW Touchmark Way, adjacent to Southwest Barnes and Leahy roads.

Culinary Passport: Japan Friday, April 19, 11:30 am, free

Are you or someone you care about interested in exploring assisted living? Take in the beautiful views from the Vintage Dining Room while learning about Japanese history and culture as you dine on delicious cuisine and enjoy traditional music from the beautiful country of Japan. Once a month, "travelers" are sampling a different country through Touchmark's Culinary Passport program.

"Help is Here: When Someone You Love Has Dementia" Thursday, April 25, 11:30 am

Come hear Marian O. Hodges, MD, MPH, and Anne P. Hill, JD, the authors of "Help is Here: When Someone You Love Has Dementia," to learn about what dementia is, what to expect when family or friends have it, and how to care for and communicate better with someone living with dementia. Through an entertaining combination of role-playing, lecture, and discussion with the audience, their presentation is full of practical tips

and easy strategies to make life easier. Lunch is provided.

New Health & Fitness Director for Touchmark's West Hills location

Sam Holzman has been named Health & Fitness Director, overseeing all aspects of health, fitness, and injury prevention programming at Touchmark in the West Hills. He will also head up Touchmark Health & Fitness Club; membership in the Club is open to the public for anyone 50 years and better.

"My fitness philosophy is get SET: Sleep well. Eat nutritiously. Train for life," Holzman says. "I advise people to start where they are today. The goal is to move well enough to respond to daily life and move often enough to maintain or improve function."

With 15 years of experience, Holzman has dedicated his entire career and education to health and fitness. Before joining Touchmark in 2018 as a certified fitness professional, Holzman worked as an Exercise Specialist/Group Fitness Instructor at the OHSU March Wellness & Fitness center.

Holzman attended OSU, where he majored in Nutrition & Exercise Science with a focus on Education & Movement Studies in Disabilities. Following college, he attended the National Personal Training Institute, where he was later hired as the Institute's Lead Practical Instructor. A certified personal trainer through the National Academy of Sports Medicine, Sam also holds certifications through the American Sport Education Program, MELT Method: Hand & Foot Instructor, Functional Movement Systems Level 2 and Dynamic Neuromuscular Stabilization Level 2. More information is available at TouchmarkPortland.com.

Tennis Workshop on common tennis injuries

Saturday, April 13, 10:30 am, West Hills Tennis Club gymnasium

Stride Strong PT is hosting its first-ever Tennis Injury Workshop. Dr. Alice Holland PT DPT, will go over the causes and treatments for common injuries that result from tennis playing. Be sure to register for the event at stridestrong.com/tennis

Stride Strong introduces Dr. Lee

Stride Strong Physical Therapy is adding a new member to their Physical Therapy team. Dr. Andrew Lee PT DPT, Doctor of Physical Therapy hails from Austin, Texas

and spent some time working in Salem, Oregon before settling here in Portland. Andrew's main forte is in outpatient orthopedics and workman's compensation cases. Ever the comedian, Andrew is a delight to have at our clinic and we look forward to sharing many laughs with him!

Stride Strong PT is located on Cornell Rd in Cedar Mill, next to the Shell gas station and sharing a parking lot with Bales Supermarket.

The Ackerly at Timberland public events

All are open to the public, but do require an RSVP—call 503-350-3400. The Ackerly is located in the Timberland complex at 11795 NW Cedar Falls Drive.

Senior Fitness Class

Wednesdays, April 3, April 17 and May 1, 2-2:45

Fitness class geared toward 55+ age group. Focus is stretch, strength and maintaining or increasing mobility and balance.

Comfort Hospice Presentation Wednesday, April 10, 3-4

Dr. Kruelewich will give a presentation about hospice, palliative care, and DNR.

Outdoor Happy Hour Friday, April 12, 3-4

Enjoy spirits and hors d'oeuvres out on the beautiful courtyard patio. Weather permitting.

Themed Dinner Route 66: Oklahoma City Thursday, April 18, 4-6

Making our 4th stop on Route 66! Dinner and drinks are provided.

Easter Celebration Saturday, April 20, 1-2:30

Bring your family and join our residents and their families while we celebrate Easter a day early with games like bocce ball, hors d'oeuvres, and a festive environment.

Veteran's Social Hour Tuesday, April 30, 10-11

Listen to a guest speaker and talk to fellow vets while you enjoy coffee and pastries. A chance to meet new service men and be honored by The Ackerly.

Cinco de Mayo Celebration Sunday, May 5, 1-3

Food, fun and festivities!

Pharmaca events

Events are held at the Timberland Pharmaca store. Contact Patrick Healey for more information at 503-596-3552. Limitations apply. See store for details.

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Natural Health Fair Saturday, April 13, 1-5, free

Come learn how to give your body the support it needs—from helpful supplements to healthy habits—to achieve optimal health! Take home product samples and great gifts with purchase from Jane Iredale, EVOLVh and Klean Kan-teen. Enter to win raffle prizes & get up to \$20 in coupons.

Juice Beauty Event—Mini-Facials! Friday, April 19, 12-6, free

Grab a friend and come in for a mini-facial featuring Juice Beauty. Call to reserve your spot! Mini-facials require a \$10 service fee, and you receive a \$10 off coupon valid on event day.

Avid4 Adventure and Catlin Gabel Summer Camp Info Session

Tuesday, April 9, 6:15-7:15 pm,
The Catlin Gabel School, 8825 SW
Barnes Rd in The Barn, free

You are invited to an information session for short presentations from the Avid4 Adventure team and the Catlin Gabel School. Learn more about camp options this summer, enjoy beverages & snacks, and receive a discount on any Avid4 Adventure Day Camp session. The Barn is the big green building in the center of campus. [RSVP on the website.](#)

First Pacific Northwest players compete in World Series of Lacrosse

In February, a team of lacrosse players from the Pacific Northwest, including seven players from Cedar Mill, competed in a Western Region Qualifier in Irvine, California for the opportunity to play in the World Series of Lacrosse. The U13 team, called Northern Pacific Lacrosse (NPL), beat the odds and secured a spot. It is the first time the Pacific Northwest will be represented in this prestigious event.

Northern Pacific Lacrosse is a collaboration between three Pacific Northwest lacrosse clubs to provide greater exposure for the top talent in the Pacific Northwest U13 division. By bringing each club's top players and coaches together, NPL creates a highly competitive training and playing experience.

Club directors selected their top players to participate in the team that played competitively together for the first time at the Valhalla Invitational

Sunset's Annual Service Day 2019

Saturday, April 27, 8 am-12 pm,
Sunset High School, 13840 NW
Cornell Rd.

Whether you can spare 30 minutes or three hours we have projects that need your help! This event is open to all future, current, and past students and parents as well as community members, so come be a part of the fun! For more information, call: 503-356-2960.

Pancake Breakfast at Cedar Mill Elementary

Saturday, May 4, 8 am-12 pm, Cedar
Mill Elementary School Gym, 10265
NW Cornell Rd., \$5 per person or
\$20 per family

Who loves pancakes? Save the date for the annual pancake breakfast at Cedar Mill Elementary. This long-time school tradition and community favorite is put on by the fourth graders as a fundraising effort. Mark your calendars now and plan to attend this fun family event!

Funds are used to send the fourth graders on field trips that extend their learning and experiences beyond the classroom as they learn about the history and government at the state level (ie, State Capitol Visit, End of the Oregon Trail Visit, Pioneer Days).

in 2018. Subsequent practices and training camps helped prepare them for the WSYL qualifier.

The World Series of Youth Lacrosse West Qualifier is one of six regional qualifiers for the 5th Annual World Series of Youth Lacrosse Championship Series in Denver, CO. The competition was offered to the best U13 Lacrosse programs from 13 western states. The NPL team qualified, not by winning every game, but by coming out ahead with least goals scored against them.

The 2019 World Series of Lacrosse will be held July 1-4, at Mile High Stadium in Denver. The top teams from each region will play against the best teams from the other regions and a select group of international teams. The Championship Game will be played at Broncos Stadium at Mile High on July 4th and broadcast live on ESPN2.



Jacob Hutchinson, Cedar
Park Middle School

Weed Watcher Workshops

April 24, 6-8 pm, Tualatin Soil
& Water Conservation Office,
7175 NE Evergreen Parkway,
Suite #400, Hillsboro, [RSVP
on the website.](#) April 30,
6-8 pm, PCC Rock Creek
Campus, Building 2, room
110, [RSVP on the website.](#)

Cedar Mill has seen a true invasion this year of the invasive weed Lesser Celandine. This cute but highly invasive weed is popping up everywhere this spring, from neglected corners to well-cared-for gardens. It's extremely difficult to eradicate because its roots tend to break off when it's pulled, and will sprout new plants next year. It also turns out to be poisonous to animals and people. You can find out more in [this article from the Clackamas SWCD](#), and you can also go to one of these Weed Watcher Workshops.

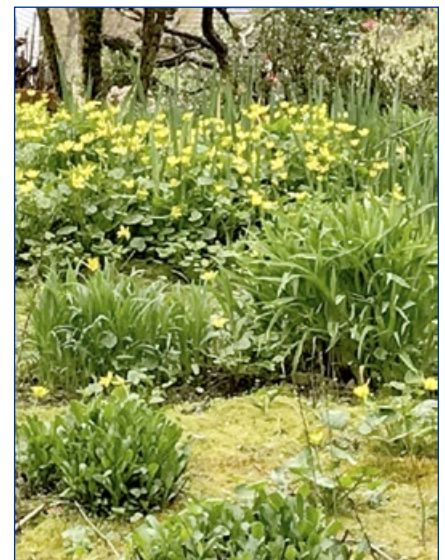
Weed Watcher workshops are presented annually in the spring to help alert area residents to the Class A weeds. Each workshop consists of an introduction to invasive species control, a walk-through of the weeds of greatest concern, and time to practice identifying these plants with live samples. Participants receive a copy of our handy weed ID guide, which includes information on how and where to report infestations. Bring in your mystery plant for identification.

During the workshops, weed experts explain why not all weeds are invasive. In order to be considered an invasive species, these weeds have to be more than simply unwanted. If an unwanted weed rapidly infests an area and has a negative impact on human health, economic productivity, or the surrounding environment, then Weed Watchers should be on the lookout in order to catch the invasive species before it establishes itself and the population explodes.

Gardenfest Plant Sale

Saturday, April 27, 8 am-12 pm,
Portland Community College,
Rock Creek Campus, 17705 NW
Springville Rd.

Join Washington County Master Gardeners™ for a fun-filled day shopping from a selection of thousands of plants expertly selected for the PNW, generating inspiring ideas from our new Education Garden, asking questions of our ex-



A patch of Lesser Celandine is choking out the spring lilies in this garden.

perts, or taking classes. Offering perennials, shrubs, vegetables, herbs, and more for flower-filled gardens and bountiful harvests. Kids activities includes a scavenger hunt, plant combination ideas, and gardener gifts. Our Master Gardeners are delighted to welcome, inspire, and help you succeed in your garden by providing practical knowledge on plants, garden care, and diagnosing problems. For more information, please visit: [Washingtoncounty-mastergardeners.org](#)

THPRD Native Plant Sale

April 27, 10 am-2 pm, Tualatin Hills
Nature Center, 15655 SW Millikan

Visit our Native Plant Sale and Resource Fair where you'll be able to purchase a wide variety of native shrubs and flowering plants. Our knowledgeable staff and volunteers will answer your questions and help you choose the right plant for every place in your garden.

Browse our resource fair to talk with community partners and volunteers and learn about this year's theme, Water Wise! Discover the benefits of using water wisely, how native plants need less water once established and what plants are specifically drought resistant.

Friends of the Tualatin Hills Nature Park sponsor the event with proceeds going toward future park improvements and environmental education programs.

Stop by the Nature Center in the weeks before the plant sale to pick up trilliums and other early-blooming wildflowers. Learn more and download the plant list [on the website.](#)

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